

## LESSON 4 – Wrap Up Exercise

### Answer Key

These wrap up exercises are to see what the Scouts have learned about the over-the-counter (OTC) medicine and the **Drug Facts** label.

#### EXERCISE 1

Read each statement below. Check True, False, or Don't Know for each statement.

WRAP UP QUESTIONS	YES	NO	DON'T KNOW
a) Over-the-counter (OTC) medicine is so safe, I don't need to be careful about how I use it or how much of it I use.		✓	
b) Anti-perspirants and some toothpastes are medicines.	✓		
c) I need a note from my doctor to buy OTC medicine.		✓	
d) A pharmacist can answer my questions about OTC medicine.	✓		
e) When I use a liquid medicine I can measure the amount (dose) correctly it with a spoon from the silverware drawer.		✓	
f) One gulp from a bottle is about 1 tablespoon of medicine.		✓	
g) Medicine can change how my body works.	✓		
h) Active ingredients are the parts of the medicine that make it work.	✓		
i) An OTC medicine has a label that tells me how to use it safely.	✓		
j) Just like some foods, medicines have expiration dates.	✓		



## LESSON 4 – Wrap Up Exercise

### EXERCISE 2

From the list below, circle the items you can find on the label of an OTC medicine. **(ANSWER: All of the following items are found on the label of an OTC medicine and should be circled.)**

Ingredients	"Do Not Use" warnings (all listed)	Dose amount
Web site for questions/comments	"Ask a doctor or pharmacist before use" warnings	Phone number for questions and comments
Uses (what the drug treats)	"While using this product" warnings	Number of times the medicine can be used in a day
Purpose of the medicine	Directions for use	Directions for storing the medicine

### EXERCISE 3

Give three reasons to this question: **"Why it is important to read all information on the package of the medicine?"**

**ANSWER:** Examples of correct answers include the following.

So that you know and understand:

- What the active ingredient(s) is in your medicine
- What the medicine treats
- How much medicine is in a pill or teaspoon
- When you should not use a medicine at all
- When you should talk to your doctor or pharmacist before using a medicine
- How a medicine might make you feel when using it
- When you should stop using a medicine
- Things you should not do while taking a medicine
- To keep medicines out of reach of children
- How much medicine to use
- How often to use the medicine
- How to keep a medicine when you are not using it
- The inactive ingredients in the medicine
- How to contact the company for questions or more information

