GOLF

“Enhancing our youths’ competitive edge through merit badges”
Golf

1. Discuss safety on the golf course. Show that you know first aid for injuries or illnesses that could occur while golfing, including lightning, heat reactions, dehydration, blisters, sprains, and strains.

2. Study the USGA “Rules of Golf” now in use.
   (a) Tell about the three categories of golf etiquette.
   (b) Demonstrate that you understand the definitions of golf terms.
   (c) Show that you understand the “Rules of Amateur Status.”

3. Tell about your understanding of the USGA system of handicapping.

4. Do the following:
   (a) Tell about the early history of golf.
   (b) Describe golf’s early years in the United States.
   (c) Tell about the accomplishments of a top golfer of your choice.

5. Discuss with your counselor vocational opportunities related to golf.

6. Do the following:
   (a) Tell how golf can contribute to a healthy lifestyle, mentally and physically.
   (b) Tell how a golf exercise plan can help you play better. Show two exercises that would help improve your game.

7. Show the following:
   (a) The proper grip, stance, posture, and key fundamentals of a good swing
   (b) Driver played from a tee
   (c) The fairway wood shot
   (d) The long iron shot
   (e) The short iron shot
   (f) The approach, chip-and-run, and pitch shots
   (g) The sand iron shot, bunker, or heavy rough recovery shots
   (h) A sound putting stroke

8. Play a minimum of two nine-hole rounds or one 18-hole round of golf with another golfer about your age and with your counselor, or an adult approved by your counselor. Do the following:
   (a) Follow the “Rules of Golf.”
   (b) Practice good golf etiquette.
   (c) Show respect to fellow golfers, committee, sponsor, and gallery.
Golf Resources

Scouting Literature
Deck of First Aid; Emergency First Aid pocket guide; Athletics, First Aid, Personal Fitness, and Sports merit badge pamphlets

Visit the Boy Scouts of America’s official retail website at http://www.scoutstuff.org for a complete listing of all merit badge pamphlets and other helpful Scouting materials and supplies.

Books


———. Dave Pelz’s Short Game Bible: Master the Finesse Swing and Lower Your Score. Doubleday, 1999.


Rotella, Dr. Bob, with Bob Cullen. Golf is a Game of Confidence. Simon & Schuster Adult Publishing Group, 1996.


**Periodicals**

*Golf Digest* and *Golf World*
P.O. Box 850
Wilton, CT 06897

*Golf Magazine*
P.O. Box 60001
Tampa, FL 33660

*Golfweek*
The Golfweek Group
1500 Park Center Drive
Orlando, FL 32835-5705

**Organizations and Websites**

**American Junior Golf Association**
1980 Sports Club Drive
Braselton, GA 30517
Website: [http://www.ajga.org](http://www.ajga.org)

**The First Tee**
Website: [http://www.thefirsttee.org](http://www.thefirsttee.org)

**Junior Golf Showcase**
100 Highland Park Village, Suite 200
Dallas, TX 75205
Website: [http://www.juniorgolfshowcase.com](http://www.juniorgolfshowcase.com)

**Ladies Professional Golf Association**
100 International Golf Drive
Daytona Beach, FL 32124-1092
Website: [http://www.lpga.com](http://www.lpga.com)

**PING American College Golf Guide**
Website: [http://www.collegegolf.com](http://www.collegegolf.com)

**Professional Golfers’ Association of America**
Box 109601
Palm Beach Gardens, FL 33418
Website: [http://www.pga.com](http://www.pga.com)

**Professional Golfers’ Association Tour**
100 PGA Tour Blvd.
Ponte Vedra Beach, FL 32082
Website: [http://www.pgatour.com](http://www.pgatour.com)

**U.S. Golf Association**
P.O. Box 746
Far Hills, NJ 07931-0746
Website: [http://www.usga.org](http://www.usga.org)

**U.S. Kids Golf**
3040 Northwoods Parkway
Norcross, GA 30071
Website: [http://www.uskidsgolf.com](http://www.uskidsgolf.com)

**U.S. Sports Camps**
1010 B St., Suite 450
San Rafael, CA 94901
Website: [http://www.ussportscamps.com](http://www.ussportscamps.com)