

MERIT BADGE SERIES



GOLF



BOY SCOUTS OF AMERICA®

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"Enhancing our youths' competitive edge through merit badges"



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Requirements

1. Discuss safety on the golf course. Show that you know first aid for injuries or illnesses that could occur while golfing, including heat reactions, dehydration, blisters, sprains, and strains.
2. Study the USGA “Rules of Golf” now in use.
 - a. Tell about the three categories of golf etiquette.
 - b. Demonstrate that you understand the definitions of golf terms.
 - c. Show that you understand the “Rules of Amateur Status.”
3. Tell about your understanding of the USGA system of handicapping.
4. Do the following:
 - a. Tell about the early history of golf.
 - b. Describe golf’s early years in the United States.
 - c. Tell about the accomplishments of a top golfer of your choice.
5. Discuss with your counselor vocational opportunities related to golf.
6. Do the following:
 - a. Tell how golf can contribute to a healthy lifestyle, mentally and physically.
 - b. Tell how a golf exercise plan can help you play better. Show two exercises that would help improve your game.

7. Show the following:
 - a. The proper grip, stance, posture, and key fundamentals of a good swing
 - b. The full wood shot, played from a tee
 - c. The fairway wood shot
 - d. The long iron shot
 - e. The short iron shot
 - f. The approach, chip-and-run, and pitch shots
 - g. The sand iron shot, bunker, or heavy rough recovery shots
 - h. A sound putting stroke
8. Play a minimum of two nine-hole rounds or one 18-hole round of golf with another golfer about your age and with your counselor, or an adult approved by your counselor. Do the following:
 - a. Follow the “Rules of Golf.”
 - b. Practice good golf etiquette.
 - c. Show respect to fellow golfers, committee, sponsor, and gallery.

Golf Resources

Scouting Literature

Deck of First Aid; Emergency First Aid pocket guide; Athletics, First Aid, Personal Fitness, and Sports merit badge pamphlets

Visit the Boy Scouts of America's official retail website at <http://www.scoutstuff.org> for a complete listing of all merit badge pamphlets and other helpful Scouting materials and supplies.

Books

- Cook, Kevin. *Tommy's Honor: The Story of Old Tom Morris and Young Tom Morris, Golf's Founding Father and Son*. Penguin Group, 2008.
- Davis, Martin, and Ken Venturi, Dan Jenkins, and Tom Watson. *Byron Nelson: The Story of Golf's Greatest Gentleman and the Greatest Winning Streak in History*. The American Golfer, 1997.
- Els, Ernie, with David Herman. *Ernie Els' Guide to Golf Fitness: How Staying in Shape Will Take Strokes Off Your Game and Add Yards to Your Drives*. Crown Publishing Group, 2000.
- Hogan, Ben, and Herbert Warren Wind. *Ben Hogan's Five Lessons: The Modern Fundamentals of Golf*. Touchstone, 1985.
- Jones, Robert Trent. *Golf by Design: How to Lower Your Score by Reading the Features of a Course*. Little, Brown and Company, 2005.
- Leadbetter, David. *The Golf Swing*. Penguin Group, 2001.
- Nicklaus, Jack, with Ken Bowden. *Golf My Way*. Simon & Schuster Adult Publishing Group, 2005.
- Peary, Danny, and Allen F. Richardson, eds. *Great Golf: 150 Years of Essential Instruction*. Stewart, Tabori & Chang, 2005.
- Pelz, Dave, with James A. Frank. *Dave Pelz's Putting Bible: The Complete Guide to Mastering the Green*. Doubleday, 2000.
- . *Dave Pelz's Short Game Bible: Master the Finesse Swing and Lower Your Score*. Doubleday, 1999.
- Penick, Harvey, with Bud Shrake. *Harvey Penick's Little Red Book: Lessons and Teachings from a Lifetime in Golf*. Simon & Schuster, 2012.
- Rotella, Dr. Bob, with Bob Cullen. *Golf is a Game of Confidence*. Simon & Schuster Adult Publishing Group, 1996.

Russell, Mark, and John Andrisani.
Golf Rules Plain & Simple.
HarperCollins, 1999.

Shackelford, Geoff. *Grounds for Golf: The History and Fundamentals of Golf Course Design.* Thomas Dunne Books, 2003.

St. Pierre, Denise. *Golf Fundamentals: A Better Way to Learn the Basics.* Human Kinetics Publishers, 2004.

Tait, Alistair. *Golf: The Legends of the Game.* Firefly Books, 2003.

United States Golf Association. *Golf Rules Illustrated.* United States Golf Association, 2016.

Utley, Stan, with Matthew Rudy. *The Art of Putting: The Revolutionary Feel-Based System for Improving Your Score.* Penguin Group, 2006.

Venturi, Ken, with Don Wade. *Ken Venturi's Stroke Savers.* NTC Publishing Group, 1995.

Woods, Tiger. *How I Play Golf.* Grand Central Publishing, 2011.

Periodicals

Golf Digest and **Golf World**

P.O. Box 850
Wilton, CT 06897

Golf Magazine

P.O. Box 60001
Tampa, FL 33660

Golfweek

The Golfweek Group
1500 Park Center Drive
Orlando, FL 32835-5705

Organizations and Websites

American Junior Golf Association

1980 Sports Club Drive
Braselton, GA 30517
Website: <http://www.ajga.org>

The First Tee

Website: <http://www.thefirsttee.org>

Junior Golf Showcase

100 Highland Park Village, Suite 200
Dallas, TX 75205
Website:
<http://www.juniorgolfshowcase.com>

Ladies Professional Golf Association

100 International Golf Drive
Daytona Beach, FL 32124-1092
Website: <http://www.lpga.com>

PING American College Golf Guide

Website: <http://www.collegegolf.com>

Professional Golfers' Association of America

Box 109601
Palm Beach Gardens, FL 33418
Website: <http://www.pga.com>

Professional Golfers' Association Tour

100 PGA Tour Blvd.
Ponte Vedra Beach, FL 32082
Website: <http://www.pgatour.com>

U.S. Golf Association

P.O. Box 746
Far Hills, NJ 07931-0746
Website: <http://www.usga.org>

U.S. Kids Golf

3040 Northwoods Parkway
Norcross, GA 30071
Website: <http://www.uskidsgolf.com>

U.S. Sports Camps

1010 B St., Suite 450
San Rafael, CA 94901
Website: <http://www.ussportscamps.com>