

■ Backpacking Trip Schedule – Scouting America Crew (Sample)

Trip/Trail Name: Appalachian Loop Trail

Date(s): May 18, 2025

Crew Members: Alex, Jordan, Sam, Taylor

Time	Activity	Details/Notes	Crew Lead
7:00 AM	Meet at trailhead	Gear check, safety briefing	Alex
7:30 AM	Begin hike	Trailhead to Pine Ridge, 2 miles	Jordan
9:00 AM	Break/Snack	Hydrate, energy bars	Sam
9:15 AM	Resume hiking	Pine Ridge to Oak Hollow, 1.5 miles	Taylor
11:30 AM	Lunch	Wraps and fruit, near Oak Hollow Creek	Alex
12:15 PM	Continue hike	Oak Hollow to Maple Rest, 2 miles	Jordan
2:00 PM	Break / Map check	At Maple Rest picnic area	Sam
3:30 PM	Arrive at campsite	Set up tents, refill water	Taylor
4:00 PM	Crew duties	Cooking, cleanup, first aid check	All
6:00 PM	Dinner	Pasta with sauce, trail mix dessert	Alex
7:30 PM	Evening activity	Campfire stories & reflection	Jordan
9:30 PM	Lights out	Quiet time in tents	All

■ Mileage Tracker

Total planned miles: 5.5

Miles completed: 5.5

Average pace: 2 miles/hour

■ Duty Roster

Role	Scout Assigned
Crew Leader	Alex
Navigator	Jordan
Cook	Sam
Cleanup	Taylor
First Aid Lead	Alex
Gear Check	Jordan

■ Trip Reflection

Best part of the trip: Great views at Oak Hollow Creek

Hardest part: Steep incline near Maple Rest

Skills practiced: Navigation, water filtration, camp cooking

Lessons for next time: Pack lighter snacks and start earlier

■ Trip Reflection

Best part of the trip: _____

Hardest part: _____

Skills practiced: _____

Lessons for next time: _____