

10-Mile Hike #1 - Pre-Hike Plan

Date of Hike:

Route (attach or describe map):

Estimated Start & End Time:

Clothing List:

Equipment List:

Trail Lunch (food & water):

Special Considerations (weather, terrain, safety):

10-Mile Hike #2 - Pre-Hike Plan

Date of Hike:

Route (attach or describe map):

Estimated Start & End Time:

Clothing List:

Equipment List:

Trail Lunch (food & water):

Special Considerations (weather, terrain, safety):

10-Mile Hike #3 - Pre-Hike Plan

Date of Hike:

Route (attach or describe map):

Estimated Start & End Time:

Clothing List:

Equipment List:

Trail Lunch (food & water):

Special Considerations (weather, terrain, safety):

10-Mile Hike #4 - Pre-Hike Plan

Date of Hike:

Route (attach or describe map):

Estimated Start & End Time:

Clothing List:

Equipment List:

Trail Lunch (food & water):

Special Considerations (weather, terrain, safety):

20-Mile Hike - Pre-Hike Plan

Date of Hike:

Route (attach or describe map):

Estimated Start & End Time:

Clothing List:

Equipment List:

Trail Lunch (food & water):

Special Considerations (weather, terrain, safety):