Score /50

Name

Date \_\_\_\_\_

## Paddle Craft Safety Exam - A

- 1.3 Unit leaders conducting an activity must be skilled in the activity and able to respond appropriately in an emergency.
  - Т
- 2.3 Which of the following must a boy accomplish to advance to Eagle Scout rank?
  - A. BSA swimmer classification
  - B. Swimming merit badge

F

- C. Lifesaving merit badge
- D. All of the above
- 3.1 Which of the following is not an allowed activity for Cub Scouts?
  - A. Learn-to-swim programs
  - B. Snorkeling in confined area
  - C. Riding in a motorboat
  - D. Tubing on gently flowing water
- 4.3 Because many people swim at public pools, most drownings occur at supervised pools even with lifeguards on duty.

T F

- 5.0 List three contributory factors to drowning.
  - 1.
  - 2.

  - 3.
- 6.1 Ultimate responsibility for safety rests with the unit member, not the unit leader.
  - T F

- 7.0 List three items common to all emergency action plans.
  - 1.

2.

- 3.
- 8.0 BSA policies allow a single adult to supervise a den on a remote hike to a swimming beach provided older Boy Scouts are available to serve as lifeguards.
  - T F
- 9.1 A four and activity plan must be submitted for council review for all unit swimming activities.
  - T F
- 10.2 A ruling of negligence must establish the intent to harm.
  - T F
- 11.2 Adults require a medical evaluation within12 months for all activities.
  - T F
- 12.2 Which of the following mandates exclusion from the water?
  - A. Cystic fibrosis
  - B. Use of medication to control seizures
  - C. A parent's or physician's instruction on the health form
  - D. All of the above

- 13.1 Special precautions for those with chronic or temporary medical conditions are based on
  - A. Consultation with the parents
  - B. A physician's written recommendations
  - C. Instructions from a caregiver accompanying the individual
  - D. All of the above
- 14.1 Frequent, minor sunburn is a long-term as well as a temporary concern.
  - T F
- 15.0 During Scouting events, statistically the most prevalent cause of death is A. Car accidents
  - B. Drowning
  - C. Cardiac arrest
  - D. Falls
- 16.0 List the components of the BSA beginner classification test.
- 17.0 List the components of the BSA swimmer classification test.
- 18.2 The BSA beginner classification test is a requirement for Second Class rank. T F
- 19.1. A person must first complete the beginner test before taking the swimmer test.
  - T F
- 20.2 Prior to water entry, how does the test administrator determine whether the participant has been in deep water before?
  - A. Asks, and asks again if in doubt
  - B. Takes clues from body language and/or hesitation
  - C. Asks the person to first swim in shallow water

**Review Questions for Section** 

## 

- 1.0 List the nine points of Safety Afloat.
  - 1.
  - 2.
    - 3.
    - 4.
  - 5.
  - 6.
  - 7.
  - 8.
  - 9.
- 2.1 All adult supervisory personnel for a boating activity must be over 21.
- 3.1 Life jackets must be worn by everyone during all small boat activities.
- 4.1 No youth may control any boat without first completing three hours of skill instruction.
   T F
- 5.1 All participants on whitewater treks with rapids rated higher than Class II must have specialized training.
  - T F
- 6.1 Which type life jacket is recommended for most recreational boating activities
  - A. Type I offshore life jacket
  - B. Type II nearshore buoyant vest
  - C. Type III flotation aid
  - D. Type V special-use device

#### 7.3 The best prevention for immersion

#### hypothermia is

- A. Wear a wet suit
- B. Assume the H.E.L.P. position
- C. Get out of cold water immediately
- D. Avoid immersion in cold water

#### 8.2 Which terms in orfer denote the front and back of a boat:

- A. Transom, bow
- B. Bow, stern
- C. Port, gunwale
- D. Starboard, aft

#### 9.2 A boat that is stiff is always harder to tip over than a boat that is *tender*.

Т F

- 10.1 The most general navigation rule for boats on a collision course is
  - A. Red, right, returning
  - B. Commercial boats yield to private boats
  - C. More maneuverable yields to less maneuverable
  - D. Boat on the right is always right

### 11.2 Any boating accident during a BSA activity involving significant injury must be reported to both law enforcement and the local council.

Т

F

F

12.1 Canoeists should maintain three points of contact when moving in the boat.

Т

### 13.2 A draw and a pry in unison from opposite sides pivot the canoe.

F Т

- 14.1 After a canoe capsizes, boaters should generally abandon the boat and swim quickly to shore to prevent hypothermia. т F
- 15.3 While kayaking, power is applied through the paddle by rotating the torso. т F
- 16.3 A wet exit is more difficult with a narrow cockpit and a spray skirt. т
  - F
- 17.1 Which of the following is not a safety concern on a river? A. A strong current B. A rip current
  - C. A strainer
  - D. A low-head dam
- 18.3 The best way to control a craft in a current is to match the speed of the current. F
  - Т

### 19.3 If a capsized boater is unavoidably swept into a strainer, the swimmer should

- A. Dive underwater to pass beneath
- B. Fend off the object while floating feetfirst
- C. Assume a head first position and try to climb up onto the object
- D. Swim upstream to ferry around the object

### 20.3 Life jackets are not needed since tubing on a river is a swimming event rather than a boating event.

Т F

- 21.0 Participants in whitewater treks in rapids rated at class III or above must
  - A. Have special training in whitewater if controlling the boat
  - B. Ride as a passenger in a boat controlled by
  - a trained guide
  - C. Always wear a helmet
  - D. All three apply

- 22.1 A whitewater canoe or kayak generally differs from a touring model by being
  - A. Shorter, with a flatter bottom
  - B. Shorter, with more rocker
  - C. Longer, with a flatter bottom
  - D. Longer, with more rocker

F

23.1 Major or unfamiliar rapids should be scouted from shore.

Т

- 24.3 If the trek leader determines that the likely consequences of a mishap are acceptable, then each individual still decides whether or not to run that rapid.
  - T F
- 25.1 Cub Scouts dens may not conduct overnight float trips.

T F

26.3 Boat livery companies are often good sources for equipment, shuttles, and general information.

T F

- 27.2 Large numbers of boats are best transported on a trailer rather than cartopped.
  - T F
- 28.3 Which is an important consideration when loading a boat?
  - A. Easy access to important gear (water, cameras, first aid supplies)
  - B. Manageable portage loads
  - C. Boat trim
  - D. All of the above
- 29.2 Only the lead boat needs to carry a route map.
  - T F

#### 30.0 Which best describes a float plan?

- A. A simple alert mechanism if a party is overdue
- B. A complete itinerary shared with the
- immediate party and those at home
- C. Emergency contact procedures to and from
- the crew in case of trouble
- D. All of the above

Score /50

Name

Date \_\_\_\_\_

## Paddle Craft Safety Exam - B

1.2 Unit leaders need not be skilled in an activity that is being conducted by a professionally trained individual. 1. F Т 2. 2.1 Cub Scouts earn awards by 3. A. Doing their best B. Meeting performance standards C. Winning competitions D. Attending required classes Т F 3.3 Which of the following is not an allowed Venturing activity? A. Scuba diving in open water B. Triathlon events activities. C. Commercial trips on whitewater F Т D. Parasailing 4.2 Drowning follows car accidents as the second leading cause of accidental death Т F for Scout aged youth. Т F 5.0 List three contributory factors to drowning. 1. Т F 2. 3. swimming? 6.2 If adequate preventive steps are in place, an activity can safely proceed without

emergency response plans.

Т F 7.0 List three items common to all emergency action plans.

8.0 BSA policies allow a single adult to supervise a den on a remote hike to a swimming beach provided older Boy Scouts are available to serve as lifeguards.

9.1 A tour and activity plan must be submitted for council review for all unit swimming

10.1 A ruling of negligence must establish that harm resulted.

11.2 Adults require a medical evaluation within 12 months for all activities.

12.3 Which of the following may require additional safety measures while

- A. Cystic fibrosis
- B. Use of medication to control seizures
- C. Deafness
- D. All of the above

#### 13.3 Which of the following is not a symptom of

the early stages of hypothermia?

A. Shivering

- B. Goose bumps
- C. Pink skin
- D. Bluish lips
- 14.1 Frequent, minor sunburn is a long-term as well as a temporary concern.

Т

F

- 15.0 During Scouting events, statistically the most prevalent cause of death is
  - A. Car accidents
  - B. Drowning
  - C. Cardiac arrest
  - D. Falls
- 16.0 List the components of the BSA beginner classification test.
- 17.0 List the components of the BSA swimmer classification test.
- 18.1 Anyone who declines to take or fails to complete the BSA beginner classification test is classified as a learner.
  - Т F
- 19.1. A person must first complete the beginner test before taking the swimmer test.

#### Т

F

- 20.1 A person is not given nonswimmer privileges if
  - A. The person is unwilling to attempt the beginner test.
  - B. The person has no desire to enter deep water, even though he/she can swim well.
  - C. The person has a physical condition that prohibits any water contact.

**Review Questions for Section** 

## 

- 1.0 List the nine points of Safety Afloat.
  - 1.
  - 2.
  - 3.
  - 4.

  - 5.
  - 6.
  - 7.
  - 8.
  - 9.
- 2.3 The SA ratio of supervisors to participants is 1:10 for Boy Scouts and Cub Scouts. т F
- 3.2 Adults on BSA float trips may safety store life jackets close at hand on calm water. Т F
- 4.2 Participants on an extended float trip must demonstrate basic proficiency or complete three hours of skill instruction. F т
- 5.2 Youth may not operate a sailboat without an adult or camp staff member on board. Т
  - F

#### 6.3 For proper life jacket fit

- A. Check the size label
- B. Lift the straps at the shoulders
- C. Fasten all buckles, straps, or zippers
- D. All of the above

D. All of the above

#### 7.2 Progressive symptoms of hypothermia are

A. Unconsciousness, shivering, death

B. Shivering, impaired judgment, loss of dexterity

- C. Slurred speech, clumsiness, shivering
- D. Muscle rigidity, inward behavior, loss of dexterity

# 8.2 Which terms in order denote the front and back of a boat:

- A. Transom, bow
- B. Bow, stern
- C. Port, gunwale
- D. Starboard, aft

# 9.1 A canoe is more stable when a passenger is sitting on the bottom rather than kneeling.

T F

- 10.1 The most general navigation rule for boats on a collision course is
  - A. Red, right, returning
  - B. Commercial boats yield to private boats
  - C. More maneuverable yields to less maneuverable
  - D. Boat on the right is always right
- 11.1 All states require all boats to be registered.
- 12.3 Canoeists should both paddle on the same side and switch sides in unison to maintain a straight course.

T F

13.1. Draws and prys in unison from opposite sides move the canoe sideways.

Т

F

14.3 To rescue a swimmer, approach in a canoe so that the swimmer makes contact amidships at the widest, most stable point.

- 15.3 While kayaking, power is applied through the paddle by rotating the torso. T F
- 16.1 Kayaks automatically right themselves after capsizing if the paddler maintains

position. T F

# 17.1 Which of the following is not a safety concern on a river?

- A. A strong current
- B. A rip current
- C. A strainer
- D. A low-head dam

#### 18.2 A low-head dam can be safely run if paddlers lean back in their craft to keep the bow up as it crosses the lip.

T F

- 19.1 If a boater looses contact with the boat during a capsize in warm, the swimmer should
  - A. Try to stand up in the current
  - B. Float feetfirst downstream while moving toward shore
  - C. Swim headfirst downstream while moving toward shore
  - D. Swim directly for the nearest strainer
- 20.3 Life jackets are not needed since tubing on a river is a swimming event rather than a boating event.
  - T F

# 21.0 Participants in whitewater treks in rapids rated at class III or above must

- A. Have special training in whitewater if controlling the boat
- B. Ride as a passenger in a boat controlled by
- a trained guide
- C. Always wear a helmet
- D. All three apply

T F

#### 22.2 Which of the following whitewater features

#### should be avoided?

- A. An open V (point downstream)
- B. A closed V (point upstream)
- C. Standing waves
- D. Eddies
- 23.1 Major or unfamiliar rapids should be scouted from shore.

T F

- 24.1 When scouting a rapid, the party must choose between everyone running the rapid and everyone portaging the rapid.
   T F
- 25.1 Cub Scouts dens may not conduct overnight float trips.
  - T F
- 26.2 River guide books should be reviewed, but first hand experience is better.
- 26.3 Boat livery companies are often good sources for equipment, shuttles, and general information.
  - T F
- 27.1 Because of shuttle concerns, large groups are better transported in multiple private cars rather than a single bus.

T F

- 28.3 Which is an important consideration when loading a boat?
  - A. Easy access to important gear (water, cameras, first aid supplies)
  - B. Manageable portage loads
  - C. Boat trim
  - D. All of the above

# 29.3 Avoid traveling across open-water with the wind at your back.

T F

#### 30.0 Which best describes a float plan?

- A. A simple alert mechanism if a party is overdue
- B. A complete itinerary shared with the
- immediate party and those at home
- C. Emergency contact procedures to and from
- the crew in case of trouble
- D. All of the above

Name		
Date	Score /50	
Paddle Craft Safety Exam - C		
<ul> <li>1.1 Unit leaders accompanying Scouts on an outing are absolved of all responsibility when a professionally trained individual leads an activity.</li> <li>T F</li> </ul>	<ul> <li>7.0 List three items common to all emergency action plans.</li> <li>1.</li> <li>2.</li> </ul>	
2.2 Boy Scouts earn awards by A. Doing their best	3.	
<ul><li>B. Meeting performance standards</li><li>C. Winning competitions</li><li>D. Attending required classes</li></ul>	8.0 BSA policies allow a single adult to supervise a den on a remote hike to a swimming beach provided older Boy Scouts are available to serve as lifeguards.	
3.3 Which of the following is not an allowed	T F	
Venturing activity? A. Scuba diving in open water B. Triathlon events C. Commercial trips on whitewater D. Parasailing	9.1 A tour and activity plan must be submitted for council review for all unit swimming activities. T F	
4.2 Drowning follows car accidents as the second leading cause of accidental death for Scout aged youth. T F	10.1 A ruling of negligence must establish that harm resulted. T F	
<ul> <li><b>5.0 List three contributory factors to drowning.</b></li> <li>1.</li> <li>2.</li> </ul>	<ul> <li>11.3 Adults require a medical evaluation within the previous 12 months for any event exceeding 72 hours.</li> <li>T F</li> </ul>	
3.	12.3 Which of the following may require additional safety measures while	
6.1 Ultimate responsibility for safety rests with the unit member, not the unit leader. T F	swimming? A. Cystic fibrosis B. Use of medication to control seizures	

- B. Use of medication to control seizures
- C. Deafness
- D. All of the above

- 13.1 Special precautions for those with chronic or temporary medical conditions are based on
  - A. Consultation with the parents
  - B. A physician's written recommendations
  - C. Instructions from a caregiver accompanying the individual
  - D. All of the above
- 14.2 Frequent application of suntan lotion with an SPF larger than 30 extends safe time in the sun indefinitely.

T F

- 15.0 During Scouting events, statistically the most prevalent cause of death is
  - A. Car accidents
  - B. Drowning
  - C. Cardiac arrest
  - D. Falls
- 16.0 List the components of the BSA beginner classification test.
- 17.0 List the components of the BSA swimmer classification test.
- 18.3 The BSA swimmer classification test is a requirement for Second Class rank.
- 19.1. A person must first complete the beginner test before taking the swimmer test.
   T F
- 20.3 During the swim classification test, who is the participant's buddy?
  - A. The next Scout in line for that particular test
  - B. The unit leader
  - C. The test administrator
  - D. No one

# **Review Questions for Section**

# 

1.0 List the nine points of Safety Afloat.

- 1.
- 2.
  - 3.
  - 4.
  - 5.
- 6.
- •
- 7.
- 8.
- 9.
- 2.2 According to both Safety Afloat and youth protection guidelines there must be at least two adults for any activity afloat, with one over 21.
  - F
- 3.3 Exceptions to life jacket use are allowed for vessels over 20 feet in length.
  - T F
- 4.3 Buddy tags must be used to account for everyone participating in a boating activity.T F
- 5.2 Youth may not operate a sailboat without an adult or camp staff member on board.
   T F
- 6.2 Inflatable life jackets are not Coast Guard approved except A. When worn
  - B. For users over 16 years old
  - C. In non-impact situations
  - D. All of the above

#### 7.2 Progressive symptoms of hypothermia are

A. Unconsciousness, shivering, death

B. Shivering, impaired judgment, loss of dexterity

- C. Slurred speech, clumsiness, shivering
- D. Muscle rigidity, inward behavior, loss of dexterity

#### 8.2 Which terms in order denote the front and back of a boat:

- A. Transom, bow
- B. Bow, stern
- C. Port, gunwale
- D. Starboard, aft

#### 9.3 A load may safely exceed a boat's rated capacity if the boat is operated only at slow speeds.

Т F

#### 10.3 Boaters should stay clear of areas marked with

- A. A white buoy with a crossed diamond
- B. A white buoy with a diamond
- C. A red flag with a diagonal white stripe
- D. All of the above
- 11.2 Any boating accident during a BSA activity involving significant injury must be reported to both law enforcement and the local council.

Т F

- 12.1 Canoeists should maintain three points of contact when moving in the boat.
  - Т

F

13.2 A draw and pry in unison from opposite sides pivot the canoe.

> F Т

- 14.1 After a canoe capsizes, boaters should generally abandon the boat and swim quickly to shore to prevent hypothermia. т F
- 15.1 Use a 'J' at the end of each kayak stroke to maintain a straight course. т

F

16.2 A capsize drill in a useful safety precaution prior to additional instruction in a decked kayak.

> Т F

#### 17.3 Strainers are most likely to lie

A. Near the cut bank on the outside of a bend B. In the shoals on the inside of a bend C. In the middle of the channel D. Just below the surface moving with the current

18.2 A low-head dam can be safely run if paddlers lean back in their craft to keep the bow up as it crosses the lip.

F

Т

#### 19.3 If a capsized boater is unavoidably swept into a strainer, the swimmer should

- A. Dive underwater to pass beneath
- B. Fend off the object while floating feetfirst
- C. Assume a head first position and try to climb up onto the object
- D. Swim upstream to ferry around the object
- 20.3 Life jackets are not needed since tubing on a river is a swimming event rather than a boating event.
  - т F
- 21.0 Participants in whitewater treks in rapids rated at class III or above must
  - A. Have special training in whitewater if controlling the boat
  - B. Ride as a passenger in a boat controlled by
  - a trained guide
  - C. Always wear a helmet
  - D. All three apply

#### 22.3 Which of the following whitewater features

#### is generally the least hazardous?

- A. A hole
- B. A drop
- C. Shoals
- D. An undercut
- 23.2 In general, plan a route by scouting from the top of the rapid to the end.

T F

- 24.3 If the trek leader determines that the likely consequences of a mishap are acceptable, then each individual still decides whether or not to run that rapid.
  - T F
- 25.1 Cub Scouts dens may not conduct overnight float trips.

T F

26.3 Boat livery companies are often good sources for equipment, shuttles, and general information.

T F

### 27.2 Large numbers of boats are best transported on a trailer rather than cartopped.

T F

- 28.1 Which of the following is the least useful on a float trip?
  - A. Stout, no-slip footwear that can get wet
  - B. Hooded rain jacket rather than a poncho
  - C. Cell phone
  - D iPod
- 29.1 When traveling on the water, experienced crews lead and inexperienced crews follow at the end.

T F

#### 30.0 Which best describes a float plan?

- A. A simple alert mechanism if a party is overdue
- B. A complete itinerary shared with the immediate party and those at homeC. Emergency contact procedures to and from the crew in case of troubleD. All of the above

Name

/50 Score

Date

## Paddle Craft Safety Exam - D

1.3 Unit leaders conducting an activity must be skilled in the activity and able to respond appropriately in an emergency.

> Т F

## 2.3 Which of the following must a boy accomplish

- to advance to Eagle Scout rank?
- A. BSA swimmer classification
- B. Swimming merit badge
- C. Lifesaving merit badge
- D. All of the above

### 3.2 Which of the following is not an allowed activity for Boy Scouts?

- A. Snorkeling in open water
- B. Cliff diving into deep, clear water
- C. Canoe trips on moving water
- D. Driving a motorboat
- 4.3 Because many people swim at public pools, most drownings occur at supervised pools even with lifeguards on duty.
  - Т F
- 5.0 List three contributory factors to drowning.
  - 1.
  - 2.

  - 3.
- 6.2 If adequate preventive steps are in place, an activity can safely proceed without emergency response plans.

т F

- 7.0 List three items common to all emergency action plans.
  - 1.
  - 2.
  - 3.
- 8.0 BSA policies allow a single adult to supervise a den on a remote hike to a swimming beach provided older Boy Scouts are available to serve as lifequards.
  - Т

F

- 9.2 A tour and activity plan is not needed for a swimming activity at a parent's backyard pool. Т F
- 10.1 A ruling of negligence must establish that harm resulted. Т
  - F
- 11.1 All swimming and boating activities require a current health history for every participant. Т F
- 12.3 Which of the following may require additional safety measures while swimming?
  - A. Cystic fibrosis
  - B. Use of medication to control seizures
  - C. Deafness
  - D. All of the above

<ul> <li>13.1 Special precautions for those with chronic or temporary medical conditions are based on</li> <li>A. Consultation with the parents</li> <li>B. A physician's written recommendations</li> <li>C. Instructions from a caregiver accompanying the individual</li> <li>D. All of the above</li> </ul>	Review Questions for Section III 1.0 List the nine points of Safety Afloat. 1. 2. 3. 4.
<ul> <li>14.2 Frequent application of suntan lotion with an SPF larger than 30 extends safe time in the sun indefinitely.</li> <li>T F</li> <li>15.0 During Scouting events, statistically the most prevalent cause of death is <ul> <li>A. Car accidents</li> </ul> </li> </ul>	5. 6. 7. 8. 9.
<ul> <li>B. Drowning</li> <li>C. Cardiac arrest</li> <li>D. Falls</li> <li>16.0 List the components of the BSA beginner classification test.</li> </ul>	<ul> <li>2.3 The SA ratio of supervisors to participants is</li> <li>1:10 for Boy Scouts and Cub Scouts.</li> <li>T F</li> <li>3.1 Life jackets must be worn by everyone during</li> </ul>
17.0 List the components of the BSA swimmer classification test. 18.3 The BSA swimmer classification test is a	all small boat activities. T F 4.2 Participants on an extended float trip must demonstrate basic proficiency or complete three hours of skill instruction.
<ul> <li>18.3 The BSA swimmer classification test is a requirement for Second Class rank.</li> <li>T F</li> <li>19.3 A single test administrator may watch up to four participants taking the swimmer test simultaneously.</li> </ul>	T F 5.1 All participants on whitewater treks with rapids rated higher than Class II must have specialized training. T F
<ul> <li>T F</li> <li>20.3 During the swim classification test, who is the participant's buddy?</li> <li>A. The next Scout in line for that particular test</li> <li>B. The unit leader</li> </ul>	<ul><li>6.3 For proper lifejacket fit</li><li>A. Check the size label</li><li>B. Lift the straps at the shoulders</li><li>C. Fasten all buckles, straps, or zippers</li><li>D. All of the above</li></ul>

C. The test administrator

D. No one

#### 7.1 Which statement is incorrect?

- A. Hypothermia is a dangerous drop in body core temperature.
- B. Hypothermia impairs mental and physical capabilities
- C. Hypothermia is only a concern in northern climates or in rivers fed by snow melt
- D. An unprotected boater falling in water near freezing is impaired almost immediately and may die within minutes
- 8.3 If the \_\_\_\_\_ reduces significantly when a boat is loaded, the load may be too heavy.
  - A. Gunwale
  - B. Freeboard
  - C. Draft
  - D. Sheer
- 9.1 A canoe is more stable when a passenger is sitting on the bottom rather than kneeling.
  - T F
- 10.1 The most general navigation rule for boats on a collision course is
  - A. Red, right, returning
  - B. Commercial boats yield to private boats
  - C. More maneuverable yields to less maneuverable
  - D. Boat on the right is always right
- 11.2 Any boating accident during a BSA activity involving significant injury must be reported to both law enforcement and the local council.
   T F
- 12.3 Canoeists should both paddle on the same side and switch sides in unison to maintain a straight course.

T F

13.2 A draw and a pry in unison from opposite sides pivot the canoe.

14.3 To rescue a swimmer, approach in a canoe so that the swimmer makes contact amidships at the widest, most stable point.
T F

15.2 Feathering while kayaking requires a no-slip grip with both hands.

T F

16.1 Kayaks automatically right themselves after capsizing if the paddler maintains position.
 T F

# 17.1 Which of the following is not a safety concern on a river?

- A. A strong current
- B. A rip current
- C. A strainer
- D. A low-head dam
- 18.1 Any river flow above 1000 cfs is dangerous.
  - Т

F

19.3 If a capsized boater is unavoidably swept into a strainer, the swimmer should

- A. Dive underwater to pass beneath
- B. Fend off the object while floating feetfirst
- C. Assume a head first position and try to climb up onto the object
- D. Swim upstream to ferry around the object

20.1 Riding tubes or other floats down a lazy river is allowed for all ages and all ability groups. T F

# 21.0 Participants in whitewater treks in rapids rated at class III or above must

- A. Have special training in whitewater if controlling the boat
- B. Ride as a passenger in a boat controlled by a trained guide
- C. Always wear a helmet
- D. All three apply

T F

- 22.2 Which of the following features should be avoided?
  - A. An open V (point downstream)
  - B. A closed V (point upstream)
  - C. Standing waves
  - D. Eddies
- 23.2 In general, plan a route by scouting from the top of the rapid to the end.

T F

24.2 If the trek leader is not confident that the skill of the participants allows an adequate margin of error, then the entire party should portage the rapid.

T F

- 25.2 Swimming ability is not an important consideration during float trip preparation since all participants will wear PFDs. T F
- 26.1 River guide books are often unreliable and should not be consulted when planning a float trip.
  - T F

- 27.3 An easy way to handle a shuttle is to have drivers who do not travel downriver.
  - Т

F

#### 28.2 What is the preferred way to distribute gear?

- A. Each person packs to be totally self-sufficient
- B. Group gear and provisions (tents, stoves, & food) are packed with all like items together with each category carried in a different boat
- C. Critical gear and provisions are divided into two or three packs and carried in different boats
- D. Each item is packaged and loaded separately in waterproof containers that float

# 29.2 Only the lead boat needs to carry a route map.

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#### 30.0 Which best describes a float plan?

A. A simple alert mechanism if a party is overdue
B. A complete itinerary shared with the immediate party and those at home
C. Emergency contact procedures to and from the crew in case of trouble
D. All of the above