

MY FAVORITE SNACK

At our meeting on _____ / _____ at _____, we will have fun exploring foods from the different food groups.

(DATE) / (TIME)
(LOCATION)

Each Cub Scout with their adult partner is asked to bring to the meeting a portion of food that they like to eat that is part of the five different food groups. We will provide plates, napkins, toothpicks, and water.

We want to make sure we have food from each of the food groups. Please bring a portion of food that is from the _____.

(name of food group or groups)

Cub Scouts will sample the food. Please prepare the food into bite-sized portions – something that can fit on a toothpick. If you are bringing a dairy item or other non-solid food, please let me know so we can work out the best way to prepare it for the meeting. We have _____ members in our den, so please bring enough samples for that number.

(number of Cub Scouts and adult partners)

Please let me know ASAP if there are any food allergies or restrictions for you or your Cub Scout so we can properly prepare.

Please review this Safety Moment from the BSA on keeping food safe:
<https://www.scouting.org/health-and-safety/safety-moments/food-borne-illness/>

Thank you! If you have any other questions or concerns, please contact me at _____.

(contact information)