

SAFE SWIM DEFENSE

KEY

Using the words in the word bank, write down the correct word by the rule.

Qualified Supervision All swimming activity must be supervised by a mature and conscientious adult age 21 or older who understands and knowingly accepts responsibility for the well-being and safety of those in their care, and who is trained in and committed to compliance with the eight points of Safe Swim Defense.

Personal Health Review Completing the Scouting America Annual Health and Medical Record is required.

Safe Area All swimming areas must be carefully inspected and prepared for safety prior to each activity.

Response Personnel/Lifeguards Every swimming activity must be closely and continuously monitored by a trained rescue team on the alert for and ready to respond during emergencies.

Lookout The lookout continuously monitors the conduct of the swim, identifies any departures from Safe Swim Defense guidelines, alerts rescue personnel as needed, and monitors the weather and environment.

Ability Groups All youth and adult participants are designated as swimmers, beginners, or nonswimmers based on swimming ability confirmed by standardized Scouting America swim classification tests.

Buddy System Every participant is paired with another. Buddies stay together, monitor each other, and alert the safety team if either needs assistance or is missing.

Discipline Rules are effective only when followed. All participants should know, understand, and respect the rules and procedures for safe swimming provided by Safe Swim Defense guidelines.