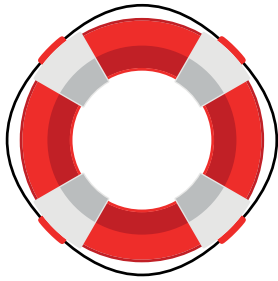


SWIM DEFENSE RULES



**Qualified
Supervision**

**Personal
Health Review**

Safe Area

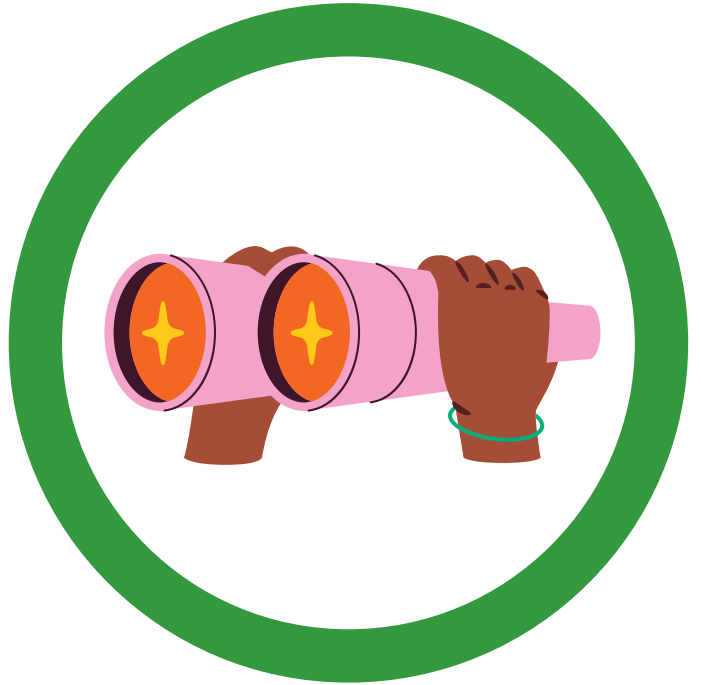
Lookout

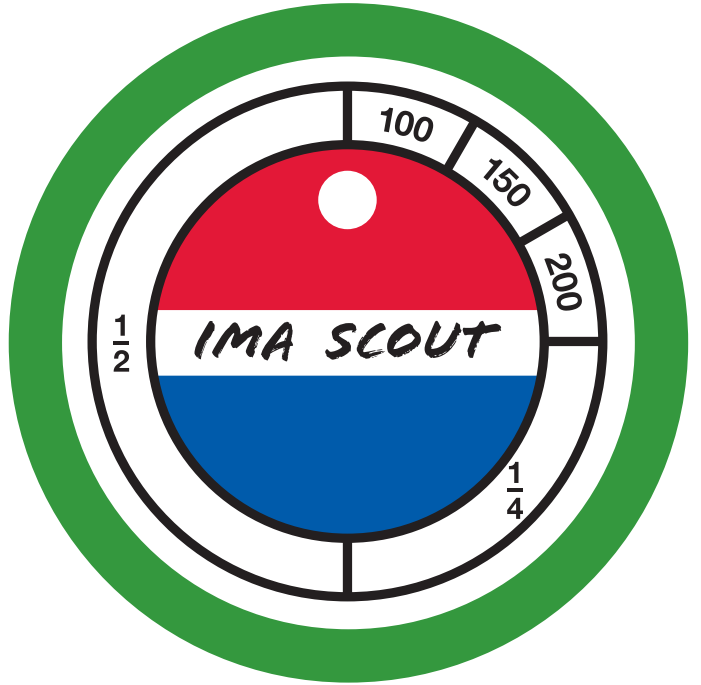
Ability Groups

Buddy System

Discipline

Lifeguard





**FOLLOW
DIRECTIONS**

