Boy Scouts of America Summer Camp Outcomes Study

A Study Conducted by Harris Interactive





Boy Scout Summer Camp Important Points

As you read the information from this study, you should know some important facts about how the Boy Scouts of America (BSA) delivers its summer camp programs. The BSA believes these factors are the foundation that allow the organization to provide superior summer camp experiences and *to deliver fun with a purpose!*

<u>Camp Accreditation</u>—Annual camp visits by trained volunteers and professionals ensure the following:

- Camps are checked to ensure that health and safety standards are met through an <u>annual BSA accreditation process</u>.
- Camps show that important <u>program elements</u> required for Scouts to have meaningful learning experiences are in place.

<u>Camp Staff</u> —Highly skilled youth and adult members are recruited and trained.

- Key camp staff members are required to be certified through <u>national</u> training events.
- BSA camps utilize <u>highly qualified camp staff members</u>. Because these individuals are not responsible for taking a troop leadership role, they can utilize their unique skills and teaching abilities for mentoring purposes.
- Youth camp staff members <u>are young enough to connect with Scouts</u> on a social level, but <u>experienced and mature enough to serve as a role model</u>.

<u>Unit Attendance</u>—The fact that troops attend camp as a unit is a benefit to the experience.

- <u>Scouts attend with their own adult leaders</u>. Boys do not have to adjust to adults they do not know while at camp. This provides an opportunity to further extend the mentoring role of adult leaders with their Scouts.
- The patrol method is used. Boys at camp learn leadership and teamwork by living out their week in the patrol method, which is based on youth leadership. In addition, this organizational method teaches independence and interdependence among Scouts.

Introduction

May 29, 2001

Ask any American what they think of when you say "Boy Scouts" and the vast majority will mention camping and the outdoors. It is as American as baseball, hotdogs, or apple pie. While the association of Boy Scouts and the fun of outdoor adventure is a natural one, it is perhaps more important to understand that camping experiences provide more than just fun.

We have been serving the youth of America for more than 90 years. While our organization recognizes the importance of providing enjoyable experiences for youth, our program is designed to accomplish much more. Specifically, the BSA is committed to providing a program that comprehensively addresses the important elements of healthy youth development. The long-term goal is to prepare young people to achieve their full potential for happy and productive lives.

We appreciate Harris Interactive for its ability to conduct a study that provides such a clear understanding of the positive outcomes of summer camp experiences among Scouts. I think you will find the information in this report to be both insightful and compelling as to why we must continue to provide camp adventure in the lives of our youth.

Thank you for your interest in the Boy Scouts of America.

Sincerely,

Roy L. Williams

Gay I. William

Chief Scout Executive

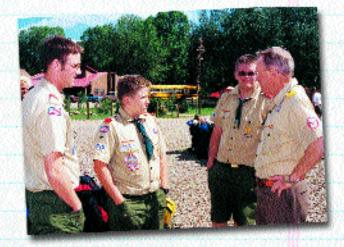


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Background and Methodology

In 1995, Louis Harris & Associates released findings from a study titled *The Values of Men and Boys in America*. That study concluded that Scouting has a measurable positive impact on the attitudes and opinions of its members. Additionally, the study found that outcomes of a long-term Scouting experience (5+ years) can still be identified years and even decades later.

The initial values study resulted in two new questions:

- 1. Does Scouting benefit members who stay in the program as little as one year?
- 2. What specific elements in the program result in these positive outcomes?

The Harris researchers were asked to address these issues and responded with a 12-month study titled *A Year in the Life of a Cub Scout* . . . *Boy Scout* . . . *Venturer.* That study concluded that in a single year, the Scouting program delivers members experiences in six critical areas of healthy youth development*:

- 1. Strong Personal Values and Character
- 2. Positive Sense of Self-Worth and Usefulness
- 3. Caring and Nurturing Relationships
- 4. Productive and Creative Use of Time
- 5. A Desire to Learn
- 6. Social Adeptness

These critical areas of healthy youth development are at the core of what makes Scouting a change agent in the lives of its members.



The BSA contributes significant time and resources to summer camps around the country. Therefore, the organization believes it is important to gain an objective understanding of the outcomes of summer camp experiences in the lives of members.

Harris Interactive was challenged with developing and implementing a research design that would provide a thorough evaluation of Scout summer camps. More specifically, their goal was to measure the extent to which those camps deliver the elements of healthy youth development.

This document summarizes the findings of three survey groups used to meet the study objectives. From 106 Scout summer camps across the United States, the following groups were surveyed:

- Boy Scouts. A total of 10,034 on-site daily journals completed by Scouts.
- **Scout leaders.** A total of 4,491 post-camp surveys among randomly selected volunteer leaders who attended one of these summer camps.
- **Parents of Scouts.** A total of 5,299 post-camp surveys among parents of Boy Scouts who attended summer camp.

Overview

Scouts indicate that summer camp is more than just a place to have fun. It also offers Scouts the opportunity to participate in physically and intellectually challenging activities, introduces them to new and rewarding experiences, and provides them with supportive and caring relationships.

This study infers that positive outcomes of Scout summer camp occur because the environment and activities at camp incorporate all of the elements of healthy youth development.



Strong Personal Values and Character. Reflective and thought-provoking activities are one avenue through which summer camp helps build strong values and character.

Positive Sense of Self-Worth and Usefulness. Summer camp helps to instill a positive sense of self-worth and usefulness in young people by providing them with service opportunities, as well as positive peer-to-peer and intergenerational communications. In addition, summer camp helps to build young people's leadership skills, confidence, and self-esteem.

Caring and Nurturing Relationships With Parents, Other Adults, and Peers.

Summer camp builds caring and nurturing relationships by engaging young people in group activities with both peers and adults. And for a majority of Scouts, strong bonds of friendship are developed at summer camp.

A Desire to Learn. Summer camp inspires young people to think about nature and consider the environment.

Productive and Creative Use of Time. Summer camp provides young people with productive and creative uses for their time by offering a valuable mix of both physical and intellectual activities.

Social Adeptness. Summer camp helps young people to become more socially adept by offering them opportunities to participate in and contribute to team-building activities.

Overall, parents speak highly of and appear very impressed with Scout summer camps. Nationally, 93 percent of parents say their son's summer camp experience met or exceeded their expectations. Almost all (96 percent) say they would recommend Scout summer camp to others.

Leaders enjoy and appreciate their time spent at Scout summer camps. Nationally, 94 percent of leaders say they met all or some of their goals, and 53 percent say their experience was better than they thought it would be. Leaders who attend Boy Scout summer camp overwhelmingly agree that the camp offers them the following benefits:



Findings From Scout Journals

Strong Personal Values and Character

A strong sense of character is evident when a person chooses to do what is right, even when no one else is around. A person's character is built from the inside out. It starts and ends within the individual. To build this critical trait, young men need opportunities that challenge them personally to consider their beliefs and to reflect on the things that are important to their growth.

% of Scou	ts who exp	erience or o	do these th	nings at lea	st once at ca	amp.
Help with	making a d	ecision				80%
Think abo	rt your rela	tionship wi	th God		69%	
Participat	in a flag c	eremony			68%	
Take time	to reflect o	n things lea	rned		68%	
Participat	in a religi	ous service/	devotion/	prayer	67%	
Think abo	ıt your pri	nciples and	values	56%		
1	1	1	1	1		

Summer camp supports the building of character and values by engaging young men in things like "decision making" (80 percent) and "flag ceremonies" (68 percent). Additionally, boys at camp participate in religious services/devotions/prayers (67 percent).

As important, Scouts in a fast-paced society are given time to reflect on their personal relationship with God (69 percent) and personal principles and

values (56 percent) at camp.

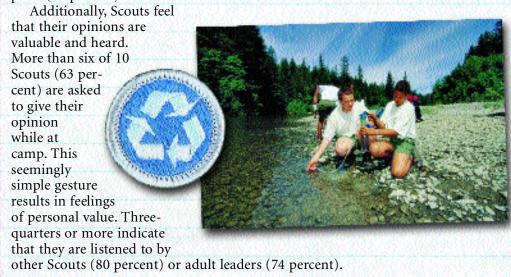
^{*}Percentages on all charts may not always add up to 100 percent because of computer rounding or the acceptance of multiple answers from respondents.

Positive Sense of Self-Worth and Usefulness

Young men have a need to feel useful, capable, and valued. These are the components that build self-confidence. Among boys who are entering their teen-age years (the average Scout camper is 12.8 years old), perhaps no other time in their life is more important for building self-esteem.



Positive communication between boys and their peers and between youth and adults leads to feelings of self-worth. At summer camp, the majority of Scouts are complimented by adults (76 percent) and peers (72 percent).

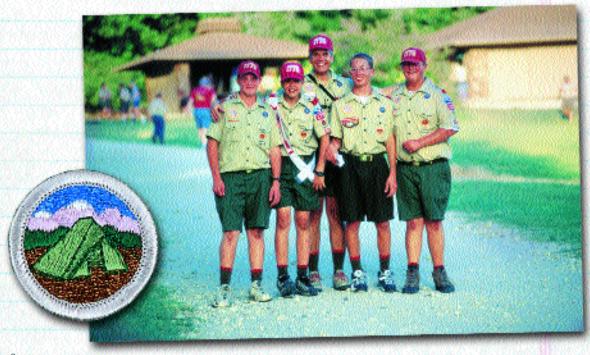


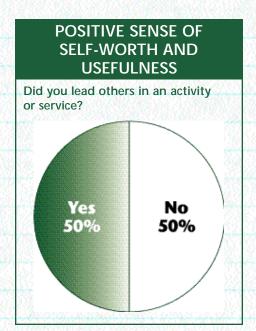
	POSI	TIVE S	ENSE C	of Self	-WOR	TH AN	D USEF	ULNES	S
% c	of Scouts	who exp	oerience	or do th	ese thing	s at least	once at	camp.	
Help	clean u	p campsi	ites					89	%
telp	clean u	p after n	neals					87%	•
Serv	e food						76%		
Help	an inju	red perso	n 39	%					
,	10	20	30	40	50	60	70	80	9

Boy Scouts at summer camp attain growth through serving others. Such activities result in a sense of being valuable and useful. Majorities of boys serve their peers at camp through helping clean up campsites (89 percent), helping clean up after meals (87 percent), and serving food (76 percent).

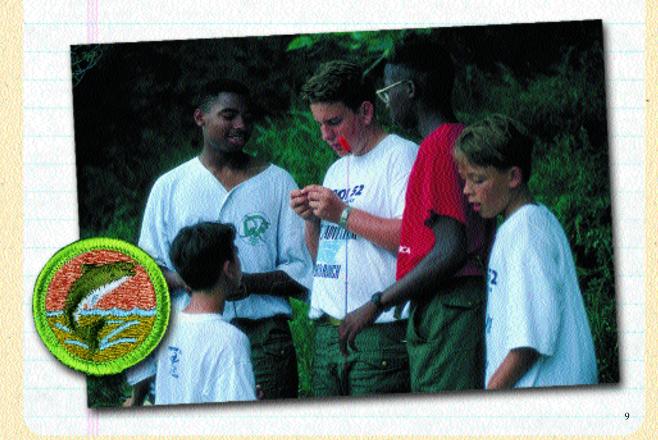
Service also comes through personally helping someone who may have received an injury (30 percent).

an injury (39 percent).





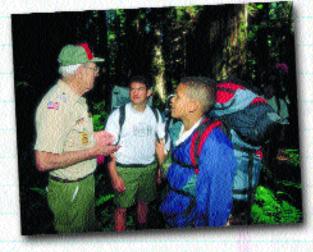
When boys take leadership responsibility they gain self-esteem. At summer camp, one-half (50 percent) of the boys are given an opportunity to lead others in an activity or service.

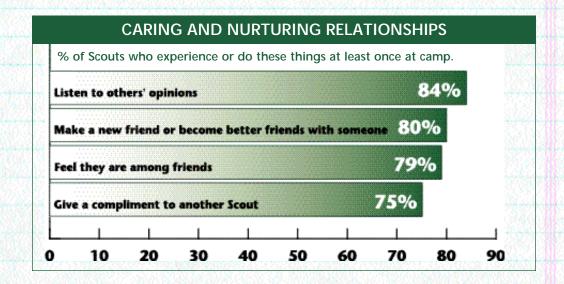


Caring and Nurturing Relationships With Parents, Other Adults, and Peers

Children crave strong relationships with people they can trust. Having someone to connect with is critical to positive, healthy development. These relationships allow for the sharing of interests, struggles, and successes. It is through these relationships with parents, role models, and friends that young people learn to effectively handle the difficulties and challenges of life.

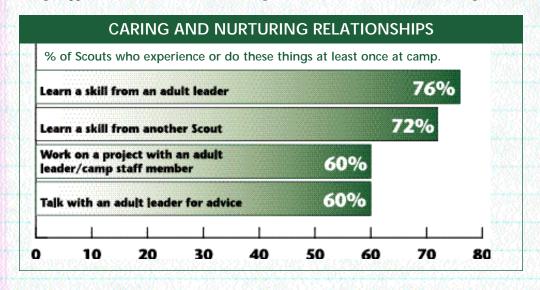
At Scout summer camp, boys commonly listen to (84 percent) and compliment (75 percent) other Scouts. Also, they make a new friend or become better friends with someone (80 percent). Friendships are an outcome of summer camp that can impact lives well beyond the camp experience.

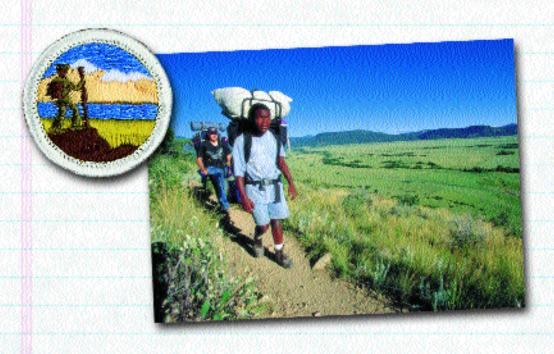




Mentoring requires working together, and this happens at Scout summer camp in two key ways: adult leaders who teach boys (76 percent) and Scouts who learn new skills from other Scouts (72 percent).

The fact that many boys talk with an adult leader for advice (60 percent) while at camp suggests that a level of trust and respect is established in the relationship.





A Desire to Learn

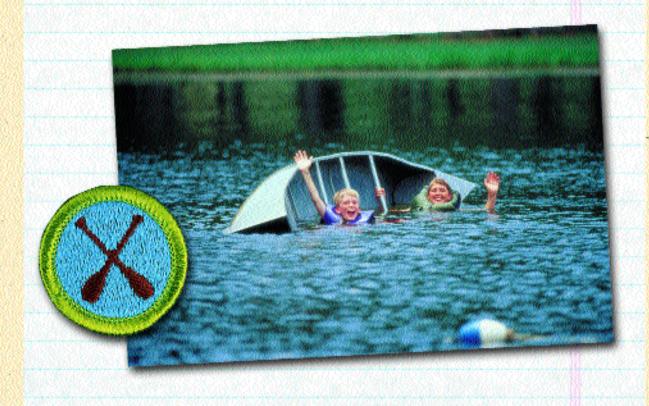
Life is about learning and using what is learned to improve things for oneself and others. Youth who are not given opportunities to test and explore new things may never live up to their full potential.

Summer camp is, in effect, an outdoor classroom for learning experiences. The majority of boys "try something they have never tried before" (86 percent), "test a new skill" (81 percent), "see something they have not seen before" (75 percent), or "learn about the environment" (65 percent) while at camp.

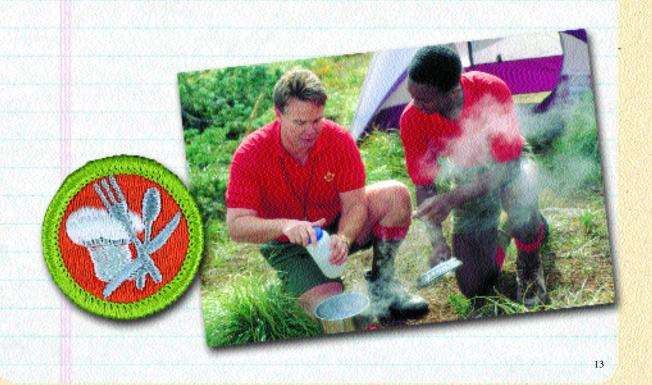
Other important learning-related factors found at camp are that Scouts feel challenged (69 percent) and test their mental/thinking abilities (71 percent).

A natural extension of the desire to learn, fostered at camp, is to put it into action through <u>experiential learning</u>. This type of learning is the best kind because it means a boy learns by doing!

The opportunity to earn more than 31 merit badges while at camp amply meets this need. Merit badges are discussed more specifically in the next section of this report.



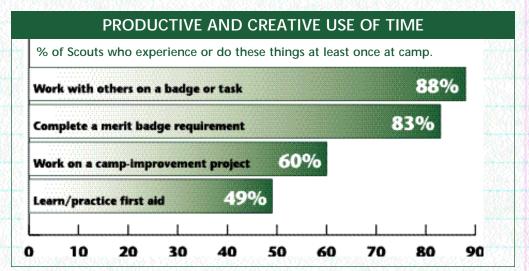
DESIRE TO	D LEARN				
% of Scouts who experience or do these	things at least once at camp.				
Try something you had never tried	86%				
Test a new skill	81%				
See something you had never seen	75%				
Test your mental/thinking ability	71%				
Feel challenged	69%				
Learn about the environment	65%				
		T.			
10 20 30 40	50 60 70 80 90	33			



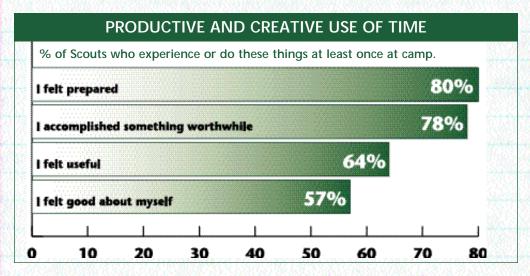
Productive and Creative Use of Time

Because so many lead full-scheduled lives, young people understand the value of time, and they consider it important to use their time efficiently and productively. While redundancy is important for reinforcing positive values, young people desire activities and opportunities that they perceive as new and relevant to their growth. For this reason, various merit badge options are an important aspect of camp.

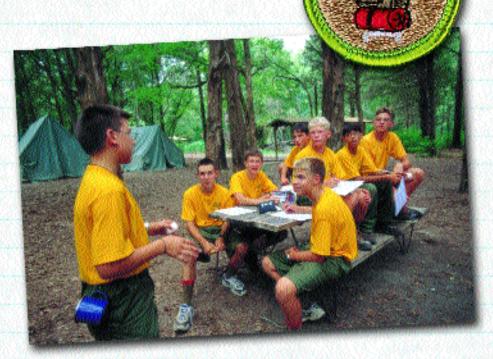
Time spent achieving goals is a common positive aspect of Scout summer camp. Almost all Scouts "complete a merit badge" (83 percent) or "work with others on a badge or task" (88 percent) while at camp. Also, significant percentages of Scouts "work on a camp-improvement project" (60 percent) or "learn/practice first aid" (49 percent).







Majorities of Scouts felt prepared (80 percent), that they accomplished something worthwhile during camp (78 percent), and useful (64 percent). Productive use of time matches with good feelings of contribution (57 percent).



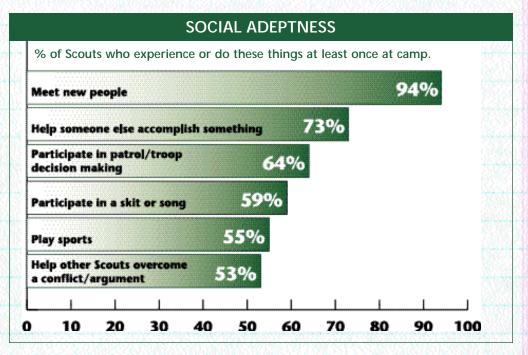
Social Adeptness

Positive and healthy relationships are essential for successful youth development. By being placed in social settings, young people learn such social skills as the art of conversation, how to contribute to team goals, and how to resolve interpersonal conflicts in a healthy way.

Camps are structured to encourage boys to spend time working and playing together in ways that seldom happen outside of the camp environment. In the outdoors, boys are removed from independent activities, such as playing video games and watching television, and are encouraged instead to socially interact with peers.



At summer camp, almost every boy meets new people (94 percent). Additionally, majorities of Scouts collaborate with other youth on accomplishments (73 percent), participate in group decision making and activities (64 percent), and even help resolve interpersonal conflicts (53 percent). These social growth experiences are outcomes of the design of summer camps.



Other Important Findings

Other important findings from the research include the high proportion of boys who participate in fitness-building activities and events. Perhaps not surprising, swimming (85 percent) and hiking (70 percent) are among the most common fitness activities experienced.

These experiences are frequently tied to goal achievement.

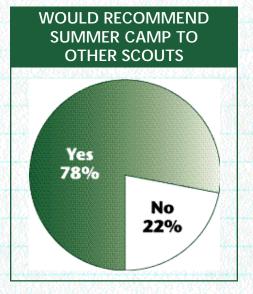


Many boys set personal goals for things they want to accomplish while at camp. Among these, 70 percent indicate they met those goals during camp.

Perhaps the best indication of the "satisfaction" that boys have at camp is the finding that more than three-of-four boys (78 percent) who attend camp would recommend camp to others.

The typical Boy Scout camper has the following characteristics:

- Is 12.8 years old
- Has attended camp 2.7 times
- Has been in Scouting an average of 6 years (including Cub Scouts)
- Has 18.4 Scouts and 4.2 leaders in his summer camp troop.



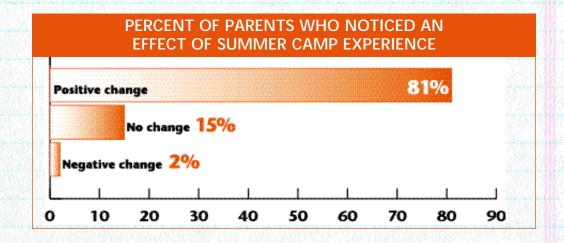
Findings from Parents of Scouts

To fully understand whether or not Scout summer camp is making a difference in the lives of boys, Harris Interactive included a survey among parents of boys who attended summer camp. This section of the

report provides responses received from parents of boys who attended summer camp.

For decades, parents have given anecdotal evidence to BSA camp directors and staff members that the camp experience changed their sons. One commonly communicated sentiment has been "You took my boy and he came home more like a young man." More than 80 percent of parents (81 percent) indicate that summer camp resulted in a positive change in their sons.

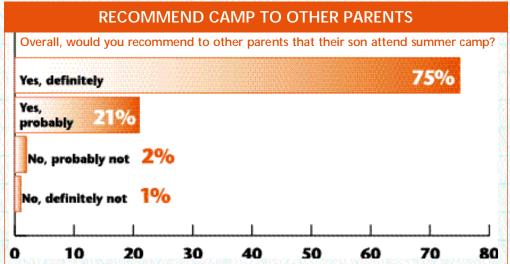


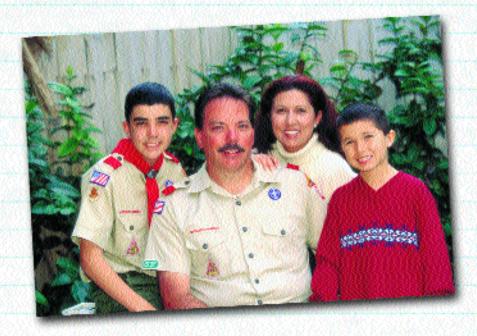


When asked to describe the reasons they believe a positive change took place, parents mention growth in self-esteem, new skills learned, and increased levels of personal responsibility.

Overall, parents are very satisfied with their son's experience at Scout camp. More than nine of 10 parents (93 percent) indicate their son's summer camp experience met or exceeded their expectations. In addition, almost all parents (96 percent) say they would recommend to other parents that their sons attend Scout summer camp.





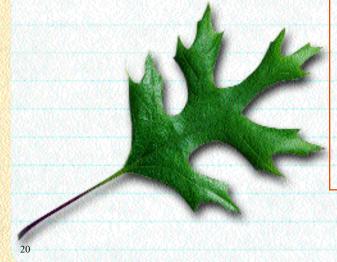


Since its inception, the Scouting program has been designed to encourage interaction between parents and their children. Scout summer camp follows this design, and the fact that almost every parent (98 percent) discusses the summer camp experience with their son validates that the design works.

Yes 98%

No 2%

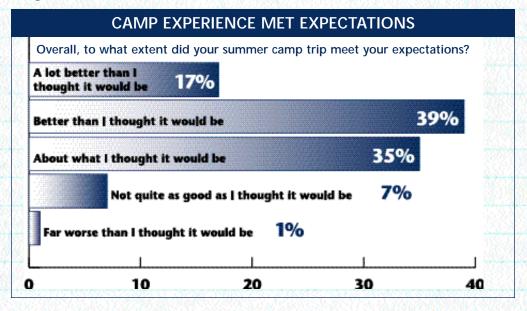
DID YOU DISCUSS THE SUMMER CAMP EXPERIENCE WITH

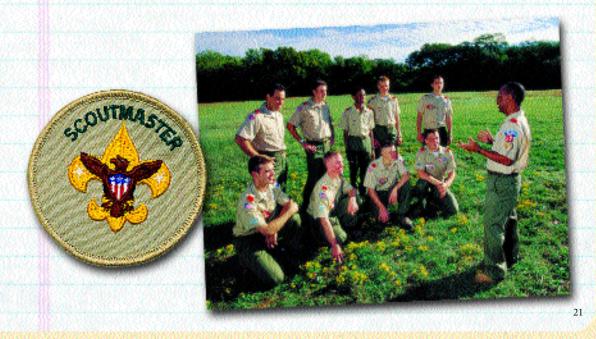


Findings from Scout Leaders

The outcomes of Boy Scout summer camp are not exclusively beneficial to Scouts. By surveying adult leaders who attended summer camp, it was determined that Scoutmasters and other adult leaders also grow and learn while at camp.

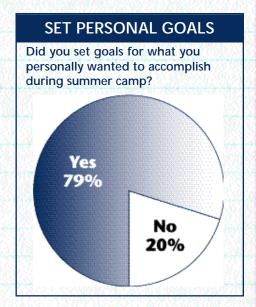
Summer camp meets (35 percent) or exceeds (56 percent) the expectations of adult leaders. This is a significant finding since a majority have been to summer camp three or more times as an adult.





Most leaders set personal goals for camp (79 percent), and almost all achieve at least some of those goals (94 percent).

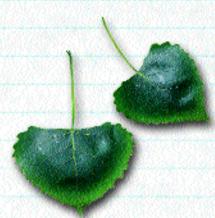
Adult leaders understand the focus of summer camp is on supporting the growth of youth. Notably, more than nine of 10 adults (96 percent) agree that they "played a role in helping young people succeed/grow" during the camp experience. A similar percentage agree that they "helped youth realize their own abilities" (92 percent). At a time when many youth experts are concerned that boys are becoming socially independent at younger ages, Scout camp helps bring people of all ages together. Adult leaders who attend camp clearly agree that they "built friendships with youth in the unit" (92 percent). This finding is coupled with



the fact that 82 percent of adult leaders agree that they increased their understanding of today's youth while at camp.



Personal growth benefits for leaders are another outcome of Scout summer camp. The majority of adult leaders agree that they were with people they respect (92 percent), they had fun (91 percent), they felt close to nature (84 percent), they built friendships with other leaders (81 percent), they learned from other leaders (71 percent), and they reduced their stress (65 percent).



23

PERCEIVED BENEFITS OF CAMP EXPERIENCE To what extent do you agree or disagree that each of the following happened for you at the summer camp you attended this year? 96% Played a role in helping young people succeed/grow 92% Was with people I respect 92% Helped youth realize their own abilities 92% Built friendships with youth in unit/crew Had fun 84% Felt close to nature Learned things about youth (increased understanding) 82%81% **Built friendships with other leaders** Learned from other leaders Reduced my stress 20 30 40 70 90 0 10 50 60 80 100 % Who "Strongly Agree" or "Somewhat Agree"

Thanks to each of the following councils for their participation in this summer camp study.

Northeast Region

Boston Minuteman Council Chester County Council Connecticut Rivers Council Connecticut Yankee Council Del-Mar-Va Council Greater New York Council Greater Niagara Frontier Council Greater Pittsburgh Council
Jersey Shore Council
Knox Trail Council
Moby Dick Council
Moraine Trails Council
Narragansett Council
National Capital Area Council

Otschodela Council Patriots' Path Council Westmoreland-Fayette Council Yankee Clipper Council York-Adams Area Council

Southern Region

Alamo Area Council
Blue Ridge Council
Caddo Area Council
Central North Carolina Council
Chickasaw Council
Colonial Virginia Council
Daniel Boone Council

Flint River Council Greater Alabama Council Gulf Stream Council Middle Tennessee Council North Florida Council Occoneechee Council Old Hickory Council Old North State Council
Ouachita Valley Council
Piedmont Council
South Florida Council
Tukabatchee Area Council
West Central Florida Council
West Tennessee Area Council

Central Region

Anthony Wayne Area Council
Bay Lakes Council
Black Swamp Area Council
Buckeye Council
Chicago Area Council
Crossroads of America Council
Detroit Area Council
Four Lakes Council
Gerald R. Ford Council
Greater St. Louis Area Council
Greater Western Reserve Council

Hawkeye Area Council
Heart of America Council
Indianhead Council
Jayhawk Area Council
Mid-Iowa Council
Northeast Illinois Council
Northeast Iowa Council
Northern Lights Council
Northwest Suburban Council
Overland Trails Council
Ozark Trails Council

Rainbow Council
Simon Kenton Council
Sioux Council
Tall Pine Council
Tecumseh Council
Three Fires Council
Twin Valley Council
Viking Council
Winnebago Council

Western Region

Black Hills Area Council Boulder Dam Area Council Cascade Pacific Council Chief Seattle Council Denver Area Council Desert Pacific Council Golden Empire Council Great Southwest Council Long Beach Area Council Marin County Council Monterey Bay Area Council Pikes Peak Council Rocky Mountain Council San Gabriel Valley Council Sequoia Council Utah National Parks Council Ventura County Council Western Los Angeles Council

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