## MERIT BADGE SERIES

# FLY-FISHING



BOY SCOUTS OF AMERICA MERIT BADGE SERIES

# **FLY-FISHING**



"Enhancing our youths' competitive edge through merit badges"





### **Fly-Fishing**

1. Do the following:

(a) Explain to your counselor the most likely hazards you may encounter while participating in fly-fishing activities and what you should do to anticipate, help prevent, mitigate, and respond to these hazards. Name and explain five safety practices you should always follow while fly-fishing.

(b) Discuss the prevention of and treatment for health concerns that could occur while fly-fishing, including cuts and scratches, puncture wounds, insect bites, hypothermia, dehydration, heat exhaustion, heatstroke, and sunburn.

(c) Explain how to remove a hook that has lodged in your arm.

- 2. Demonstrate how to match a fly rod, line, and leader to achieve a balanced system. Discuss several types of fly lines, and explain how and when each would be used. Review with your counselor how to care for this equipment.
- 3. Demonstrate how to tie proper knots to prepare a fly rod for fishing:
  - (a) Tie backing to the arbor of a fly reel spool using an arbor knot.
  - (b) Tie backing to the fly line using a nail knot.
  - (c) Attach a leader to the fly line using a nail knot or a loop-to-loop connection.
  - (d) Add a tippet to a leader using a surgeon's knot or a loop-to-loop connection.
  - (e) Tie a fly onto the terminal end of the leader using an improved clinch knot.
- 4. Explain how and when each of the following types of flies is used: dry flies, wet flies, nymphs, streamers, bass bugs, poppers, and saltwater flies. Tell what each one imitates. Tie at least two types of the flies mentioned in this requirement.
- 5. Demonstrate the ability to cast a fly 30 feet consistently and accurately using both overhead and roll cast techniques.
- 6. Go to a suitable fishing location and observe what fish may be eating both above and beneath the water's surface. Explain the importance of matching the hatch.
- 7. Do the following:

(a) Explain the importance of practicing Leave No Trace techniques. Discuss the positive effects of Leave No Trace on fly-fishing resources.

(b) Discuss the meaning and importance of catch and release. Describe how to properly release a fish safely to the water.

- 8. Obtain and review a copy of the regulations affecting game fishing where you live or where you plan to fish. Explain why they were adopted and what is accomplished by following them.
- 9. Discuss what good sportsmanlike behavior is and how it relates to anglers. Tell how the Outdoor Code of the Boy Scouts of America relates to a fishing enthusiast, including the aspects of littering, trespassing, courteous behavior, "catch and release," and obeying fishing regulations.

10. Catch at least one fish and identify it.

11. If regulations and health concerns permit, clean and cook a fish you have caught. Otherwise, acquire a fish and cook it. (You do not need to eat your fish.)

# **Fly-Fishing Resources**

#### Scouting Resources

Boy Scout Handbook; Conservation Handbook; Fieldbook; Deck of First Aid; Emergency First Aid pocket guide; Be Prepared First Aid Book; Freshwater Fishes pocket guide; Camping, Cooking, Fish and Wildlife Management, and Fishing merit badge pamphlets

Visit the Boy Scouts of America's official retail website (with your parent's permission) at http:// www.scoutstuff.org for a complete listing of all merit badge pam-phlets and other helpful Scouting materials and supplies.

#### Books

- Alley, Robert H. *40 Best Trout Flies*. Frank Amato Publications, 1997.
- Best, A.K. *A.K. Best's Fly Box*. The Lyon's Press, 1996.
- Hughes, Dave. *Essential Trout Flies*. Stackpole Books, 2000.
- Leiser, Eric. *The Complete Book of Fly Tying*, 2nd ed. Skyhorse Publishing, 2008.
- Lord, Macaulay. *The L.L. Bean Fly-Casting Handbook*. The Lyons Press, 2000.

- McKim, John F. Fly Tying: Adventures in Fur, Feathers, and Fun. Mountain Press Publishing Company, 1998.
- McNally, Tom, and Tom Beecham. *The Complete Book of Fly Fishing.* McGraw-Hill Professional Publishing, 1997.
- Morris, Skip. *Fly Tying Made Clear and Simple*. Frank Amato Publications, 1992.
- Rosenbauer, Tom. *The Orvis Fly-Fishing Guide*. The Lyons Press, 1998.
- Rutter, Michael. *Fly Fishing Made Easy: A Manual for Beginners With Tips for the Experienced*. Globe Pequot Press, 2006.
- Shook, Michael D., and Mel Krieger. *The Complete Idiot's Guide to Fly Fishing*. Alpha Books, 2005.
- Sousa, Robert J. *Learn to Fly-Fish in 24 Hours*. McGraw-Hill, 2006.
- Talleur, Dick. *Modern Fly-Tying Materials*. The Lyons Press, 1995.
- Whitlock, Dave. *The L.L. Bean Fly-Fishing Handbook*. The Lyons Press, 2006.
- Wulff, Joan. Joan Wulff's Fly Casting Techniques. The Lyons Press, 1994.

#### DVDs

LaFontaine, Gary, and Dick Sharon. Successful Fly Fishing Strategies, 100 minutes. Miracle Productions, 2002.

- Wulff, Joan. Joan Wulff's Dynamics of Fly Casting. From Solid Basics to Advanced Techniques, 90 minutes. Miracle Productions, 2001.
- Young, David, and Cheryl Young. *Fly Fishing: The Lifetime Sport,* 240 minutes. Honeybear Press, 2005.

#### Periodicals

*Fly Fish America* magazine Website: http://www.flyfishamerica.com

*Fly Fishing and Fly Tying* magazine Website: http://www.flyfishing-and-flytying.co.uk

*Fly Fisherman* magazine online Website: http://www.flyfisherman.com

#### **Organizations and Websites**

#### American Fisheries Society

Telephone: 301-897-8616 Website: http://www.fisheries.org

#### The American Museum of Fly Fishing

4104 Main St. Manchester, VT 05254 Telephone: 802-362-3300 Website: http://www.amff.com

#### **Federation of Fly Fishers**

Telephone: 406-222-9369 Website: http://www.fedflyfishers.org

#### FlyFish.com

Website: http://www.flyfish.com

#### International Game Fish Association Telephone: 954-927-2628 Website: http://www.igfa.org

Leave No Trace Center for Outdoor Ethics

Toll-free telephone: 800-332-4100 Website: http://www.lnt.org

#### **Trout Unlimited**

Toll-free telephone: 800-834-2419 Website: http://www.tu.org

The Federation of Fly Fishers, International Game Fish Association, and Trout Unlimited have each signed a memorandum of mutual support with the Boy Scouts of America that emphasizes an ongoing relationship to promote mutually beneficial programs such as the Fly-Fishing merit badge.

#### U.S. Fish and Wildlife Service

Toll-free telephone: 800-344-9453 Website: http://www.fws.gov

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