

Do you know who lived where you live 500 years ago? Dens will learn about the American Indian tribes currently living in their part of the country or the tribes that previously lived there. You are encouraged to invite members of a local tribe to help teach boys how Native Americans show their respect for the earth and how all living things are connected. Boys will learn about the harvesting and preparation of native foods and discover how good these foods taste. They will develop an understanding of the importance of traditional oral history as a way of teaching lessons and recording history. They can work on the Communicating belt loop and pin. Boys can play a Native American game and learn the meaning and history behind the skills required to play the game. Encourage boys to share their new knowledge at a pack meeting or special event.

PACK PLANNING

The pack meeting this month will focus on American Indians. Boys will enjoy learning about different Indian cultures and tribes from their geographic area. Dens will each have the opportunity to share their newfound knowledge. Appoint the following committees to help with the meeting:

Decorations Committee. Decorate the room with an artificial campfire. Provide authentic American Indian music and arrange the meeting area for dens to set up their exhibits.

Program Committee. Work with den leaders to see that any items they need are available at the pack meeting. Arrange for a storyteller to attend. The storyteller will need to research one or more authentic American Indian stories. Be sure to tell the storyteller how much time is available. This group will also prepare a memorable advancement ceremony.

Refreshments Committee. Make phone calls to den families to ask for help in preparing refreshments and providing plates, forks, and napkins. Oversee serving and cleanup.

Some of the purposes of Cub Scouting developed through this month's theme include:

- **Spiritual Growth.** Cub Scouts will learn how Native Americans respect the spirit in all things. Boys will then develop a stronger understanding of their own spiritual needs.
- **Good Citizenship.** Boys will develop habits and attitudes of good citizenship as they begin to understand cultures different from their own. These experiences will help them learn to be better citizens of the world.

This theme is designed to promote character development by emphasizing these core values:

- **Respect.** Cub Scouts will learn to have respect for nature and the world around them just as American Indians do. They will understand that they are responsible for taking care of the land they lived on—as well as all the living things they share that land with.
- **Courage.** Boys experience the courage to try new things, the courage to experience different cultural choices, and the courage to learn new activities—plus have fun on the way!

Pack Meeting

BEFORE THE MEETING

All committees arrive early to set up their section of the meeting area: The decorations committee will set up tables for each den's exhibit. Bring a CD or tape player to play authentic American Indian music to set the mood. The program committee will ensure that there is a U.S. flag for the opening ceremony and lay out awards. The refreshments committee will prepare an area to serve refreshments (Native American recipes) at the end of the pack meeting.

GATHERING

The welcoming committee will greet families at the door and explain the Indian Moons gathering activity (2NOV). Direct Cub Scouts to areas designated for displaying den projects.

MAIN PART OF THE MEETING

Opening

Conduct the Our Land Deserves Respect opening ceremony (2 NOV) or choose an alternate ceremony from *Cub Scout Ceremonies for Dens and Packs*.

Prayer

A preselected Cub Scout comes forward and gives the Great Spirit prayer (2 NOV). Invite all pack members to join in prayer, meditation, or silence as is their custom.

Icebreaker

Announce the answers to the Indian Moons game. Give an applause for everyone who competed and “did their best.”

Welcome and Introductions

The Cubmaster carries a talking stick (6 NOV) and says, “Ya’at’teeh” (YAH-

ah-tee), which is Navajo for “welcome.” He explains that the talking stick is an American Indian custom. The person holding the talking stick may speak without being interrupted. Families may want to make their own talking sticks. If they do, they should remember to thank the tree for the use of its branches.

Song

The song leader leads “Waddeley-Achee” from the *Cub Scout Songbook*, or chooses a different song to lead.

Den Demonstrations

Invite dens to share what they have discovered during den meetings this month.

Game

Explain that many of the games that American Indians played were devised to develop the skills necessary to make a first-rate stalker, hunter, and warrior.

Divide the pack into two or three groups. Each group goes to different corners of the meeting area. Play two or three American Indian games below (page 3 NOV) or other Indian games of your choice. Each group plays the game for a few minutes and then rotates to the other game(s).

Storytelling

Have the audience sit in a semicircle (Cub Scouts on the floor; adults may sit in chairs). Introduce the guest storyteller, who tells one or more American Indian stories as time allows.

Recognition

Use the Spirit of Akela advancement ceremony (below) or choose another ceremony from *Cub Scout Ceremonies for Dens and Packs*.

Announcements

Cover essential announcements from the pack newsletter. Next month's theme is Celebrations Around the World. Share

the date, time, and location for the pack meeting. Announce the pack's plans for a Good Turn.

Cubmaster's Minute

The Cubmaster delivers the Four Commandments from the Great Spirit message (3 NOV).

Closing

Invite the preassigned leader to teach the motions and lead the Indian Blessing

closing ceremony (3 NOV), or choose a den to present a closing ceremony from *Cub Scout Ceremonies for Dens and Packs*.

REFRESHMENTS

Invite everyone to the refreshments area. Refreshments committee members explain what is being served and the origin of the food.

Cubmaster Corner

CUB SCOUTING: A POSITIVE PLACE

"During any Cub Scouting activity or presentation, derogatory references to ethnic or cultural background...are not acceptable." (*Cub Scout Leader Book*, Chapter 3.)

The pack meeting is meant to be fun, but keep in mind that respect for all cultures different from our own—for example, the American Indian culture—is important. Any costumes the Cubmaster or any other pack leader wears must be in proper line with the beliefs of native tribes of your area. To know more about costuming, check with your local Order of the Arrow chapter (a Boy Scout group) and invite them to share their knowledge with the pack. Some chapters have a dance team that might perform.

Ceremonies, Games, Songs, Stunts

GATHERING ACTIVITY: INDIAN MOONS

Materials: Copy of the activity for each person and pencils

American Indian tribes noted the passage of time by the waxing and waning of the moon. They gave each full moon a name, often based on an important or noticeable event occurring during the moon's movement. Different tribes used different names; for instance, the Abenaki tribe called February the "Makes Branches Fall in Pieces" moon, and the Algonquians called it the "Ice in River Is Gone" moon. Indian moons correspond only generally to our months, but the list below gives you an idea of how the moons might be named.

Draw a line to match the name of the month with the moon name.

- | | |
|--------------|----------------------|
| 1. January | A. Heat Moon |
| 2. February | B. Grass Moon |
| 3. March | C. Falling Leaf Moon |
| 4. April | D. Snow Moon |
| 5. May | E. Long Night Moon |
| 6. June | F. Rose Moon |
| 7. July | G. Hunting Moon |
| 8. August | H. Hunger Moon |
| 9. September | I. Mad Moon |
| 10. October | J. Planting Moon |
| 11. November | K. Thunder Moon |
| 12. December | L. Crow Moon |

Answers: 1—D, 2—H, 3—L, 4—B, 5—J, 6—E, 7—A, 8—K, 9—G, 10—C, 11—I, 12—E

OPENING CEREMONY: OUR LAND DESERVES RESPECT

Personnel and equipment: Five Cub Scouts and a U.S. flag

CUB SCOUT 1: This is the land of the Great Spirit. Using our eyes, we will observe its great beauty. We will walk softly so it won't be disturbed.

CUB SCOUT 2: Using our ears, we will hear its magical sounds.

CUB SCOUT 3: Our minds will concentrate on those things we can do to make it more beautiful and productive.

CUB SCOUT 4: Using our hands, we will care for it.

CUB SCOUT 5: And, with our hearts, we will honor it. This is our country. Pledge with me to give our land the respect it deserves. (*Asks audience to stand and say the Pledge of Allegiance.*)

PRAYER: GREAT SPIRIT

CUBMASTER: As many native cultures did, let us pray to our Great Spirit. This is from a Mohawk prayer.

CUB SCOUT: Oh Great Spirit, Creator of all things,

Human Beings, trees, grass, berries.

Help us, be kind to us.

Let us be happy on earth.

ADVANCEMENT CEREMONY: SPIRIT OF AKELA

Personnel: Akela (in Indian clothing), leader to beat drum, narrator, Cub Scouts

Equipment: Drum, ceremony log with six small candles, one large candle on table (may use battery-operated candles)

(*Leader beats drum. Akela enters and stands behind the artificial fire. He gives the Cub Scout sign and the drum stops.*)

NARRATOR: Akela was the leader of the Webelos tribe: tall, straight as an arrow, swift as an antelope, brave as a lion. He was fierce to any enemy, but kind to a brother. His father was the son of the great yellow sun in the sky. He was called Arrow of Light. Arrow of Light began to understand the signs and calls of the Webelos tribe. He was taken on trips into the forest among the great trees and streams. Here, from the wolf, he learned the language of the ground, the tracks, and the ways to find food.

(*Akela lights large candle. Use large candle to light small candles one at a time for each rank. Badges will be presented to parents who, in turn, present the badges to theirs sons.*)

AKELA: With this candle, represent-

ing the Spirit of Akela, I light the trail of the Bobcat. Many brave Cub Scouts have toiled to complete the many challenges of the Bobcat. To them, we offer our congratulations and this token. (*Present badges.*)

Next our attention turns to the Tiger Cubs. (*Lights candle.*) These Cub Scouts and their adult partners have accomplished tasks to earn them recognition and pride. (*Presents Tiger Cub badges and Tiger Track beads.*)

And now comes the spirit of the Wolf. (*Lights candle.*) From the signs along the Wolf trail, I see that the following young men of our tribe are ready for advancement in the Wolf clan of Akela's tribe. (*Presents Wolf badges and Arrow Points.*)

NARRATOR: Then from the big, kindly bears, Akela learned the secret names of the trees, the calls of birds, and the language of the air.

AKELA (*lighting Bear candle*): With the Spirit of Akela, we light the Bear trail. (*Presents Bear badges and Arrow Points.*)

NARRATOR: But before he could become a Scouting warrior on his own, Akela had to prove himself by trying new skills, performing certain tasks, and passing tests of accomplishment.

AKELA (*lighting Webelos candle*): With the Spirit of Akela we light the trail to Webelos. From the signs along the Webelos trail, I see that the following young men have shown their skill in (*names activity badge*). (*Presents Webelos badges and activity badges.*)

NARRATOR: Then Akela had to face the greatest challenge of all before being awarded his father's name, Arrow of Light.

AKELA: From the signs farther down the Webelos trail, I see that the following warriors are ready to wear the Arrow of Light, the highest award in Akela's tribe. (*Calls names and presents awards. The drum begins to beat rapidly...then stops.*)

From the four winds, Akela hears that you warriors are doing well along the trails that will lead you to Boy Scouting. Now will all Cub Scouts stand and repeat the Cub Scout Promise.

GAMES

Qua'quallis

Equipment: Canning jar rings or cur-

tain rings, ½-in. dowel cut into 12-in. lengths, string cut into 30-in. lengths

The original game used a hollow bone and a sharp stick. Drill a small hole through each dowel about 1 in. from the end. Thread one end of the string into the hole and tie. Tie the other end onto the ring. Holding the stick in your hand, "throw" the ring into the air by using rapid upward movements of your hand. Try to spear the ring with the end of the stick.

Pass the Stones

Native Americans played games like this one to improve their observation skills. This game is traditionally played with two teams of two boys but may be adapted to fit your needs.

Have teams sit across from each other on a blanket (for atmosphere). The first team passes two small rocks back and forth to each other, trying not to let the other team see who has the rocks. On a signal, the team with the rocks holds out their closed hands. The other team tries to guess who has the rocks. If they are correct, they win a point. It is then the second team's turn to pass the rocks while the other team watches. See who collects the most points in a given time period.

BOW AND ARROW

APPLAUSE

Pretend you have a bow and a quiver (holder used for arrows). Draw an arrow from the quiver (reach over your back), put it in the bow, and draw the bowstring back. Take aim. Let the string go and say, "Twang-zing" as the arrow goes flying. (Do this three times.)

CUBMASTER'S MINUTE: FOUR COMMANDMENTS FROM THE GREAT SPIRIT

There are four commandments for living every day:

1. Respect Mother Earth.
2. Respect the Great Spirit.
3. Respect your fellow men and women.
4. Respect individual freedom.

We must all stand together as a force of love. Arm yourself with truth, love, and perseverance. Join with others in giving. We are all related. Our heritage is this earth.

CLOSING CEREMONY: INDIAN BLESSING

Personnel: Adult leader says the words and demonstrates the signs used in the ceremony. Then the audience stands and everyone does this together.

May the spirit of Scouting (*Boy Scout sign*)

And the light of Akela (*Cub Scout sign*)

Be with you and me (*Points finger*)

Until our paths (*Both arms out*)

Cross (*Arms crossed*)

Again (*Index and middle finger on right hand together. Touch back of left wrist, then left elbow, then left shoulder.*)

CHOCTAW FLAT BREAD

Ingredients: 1 C. flour, ¼ C. water, cinnamon, honey

Mix flour and water, then add cinnamon and honey (approximately 1 T. honey, ½ t. cinnamon). Mix. Pour into 8-by-8 greased pan. Bake at 400 degrees, 20 minutes, until lightly browned.

AMERICAN INDIAN AWARENESS IN SCOUTING ACTIVITIES

Cub Scout leaders need to be mindful that a positive and respectful attitude toward all people and cultures must be conveyed to all Cub Scouts at all times, thus fulfilling one of the aims of Scouting (building character). In dealing with American Indian culture, Cub Scout leaders should be mindful of the following:

- As in all aspects of Scouting, teach respect for all people, no matter how they talk, look, or act; what they eat, or how and where they live. Teach Cub Scouts that people are not so different from themselves, and they should respect everyone they meet.
- *Keep skits*, cheers, and yells positive and never use derogatory phrases and demeaning undertones. It is entirely possible to have fun and yet stay within policies and guidelines.
- *The best way to teach a Cub Scout is by example; after all, you can't lead anyone anywhere if you're not going that way too!*

See the *Cub Scout Leader Book* for more on "American Indian Emphasis in Cub Scouting."

November Pack Program Page: Indian Nations

ACADEMICS AND SPORTS PROGRAM

Academics

Communicating. American Indians didn't write to each other with pens and paper. They used hides and homemade dyes to communicate their important thoughts through drawings. Cub Scouts have many ways to communicate. Encourage each boy to record his history and to earn the Communicating belt loop and pin.

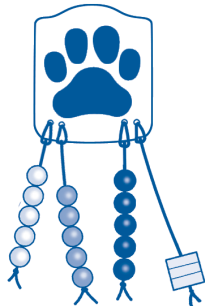
Sports

Marbles. The weather is getting colder, so it's a good time to move indoors for sports and games. Some American Indians played with marbles made from fir balsam pitch or stones. The marbles were rolled down a board to see which would go the farthest.

FAMILY ACTIVITY

Children learn one step at a time to appreciate and respect the world around them. As part of the "Learning Duty to God" section in *Cub Scouting's BSA Family Activity Book*, families may choose to write a prayer of thanks for this beautiful world, or to make a mural of the wonderful created things around us.

DID YOU KNOW?



Time can move slowly for an eight-year-old. To record the steps toward a program badge, immediate recognition is an important part of advancement in the Cub Scout program. Make use of Tiger Cub totem beads and Cub Scout immediate recognition patch and the compass points emblem.

GOOD TURN FOR AMERICA

It's autumn and the leaves are falling, and Cub Scouts love to be outdoors. How about combining these facts



and turning them into a service project? Cub Scouts can identify people in the neighborhood who could use help, such as having their leaves raked up or yards trimmed and cleaned before winter.

BSA RESOURCES HIGHLIGHT



Native American Crafts. Craft kits make adding to the fun of this theme easy and convenient. BSA craft items include the Mini Dream Catcher Kit (No. 7118) and Mini Canoe Kit (No. 7122)

PACK LEADERS' PLANNING MEETING

Pack leaders will meet a week or two before the November pack meeting to check final details and prepare materials for December's meeting.

It is very important for leaders to understand the need to be sensitive to the American Indian culture. The term "American Indian" is preferred to "Native American" when referring to indigenous people of the continental United States. "Native American" generally includes native people of the Hawaiian Islands, Alaska, Puerto Rico, and Guam. There are more than 300 different American Indian groups, and they are very diverse. The Cubmaster can make an impact by being mindful of costuming—making sure that costumes are appropriate for the individual and for any Indian population in your area.

The pack may choose to invite a guest storyteller, who can research and share one or more American Indian stories. Be sure to tell the storyteller how much time is available. Check for any needs such as a microphone. Contact your local tribal organization, cultural center, or even a parent who could share.

Outline the contributions of the dens. You may sing a song in between each den's contribution. Be sure to give a cheer to dens after they are finished with their presentations.

December's theme is Celebrations Around the World. Discuss the pack's plans for a Good Turn. Plan something special to do as a pack to help others in need. Consider sending a "care" package to someone overseas who is serving in the military.

The pack trainer conducts the monthly Unit Leadership Enhancement that best meets the current needs of your pack. See the *Cub Scout Leader Book* for suggested topics. Select a topic for next month's meeting.

LOOKING AHEAD

Start planning for the blue and gold banquet in February—where and when will it be held? Reservations should be firmed up right away.

PACK TRAINER HIGHLIGHT

Review the training opportunities for all leaders as well as any district or council events, including Cub Scout leader roundtable.

At the pack meeting, acknowledge leaders who have completed training by making sure they have a Trained Leader emblem to wear on their uniform.

Encourage all leaders to attend and observe a den meeting of a different den leader in your pack. This may be at their own program level or a level above. They can learn many things from an experienced den leader.

OUTDOOR IDEAS FOR EVERYONE

Tiger Cubs. Adults supervise an outdoor fire where the boys toast marshmallows.

Wolf Cub Scouts. Go fishing.

Bear Cub Scouts. Find a place where boys can experience horseback riding (with adult supervision!).

Webelos Scouts. Coordinate with a high school and hike the track for a cross-country race.

Indian Nations: Tiger Cub Den Meetings

Each Tiger Cub and his adult partner should attend all meetings as a team.

Dens may meet in the evenings or on weekends.

Full or partial credit may be received for the following advancement possibilities highlighted in this month's meeting plans.

WHEN	FIRST WEEK	SECOND WEEK	THIRD WEEK	FOURTH WEEK
<p>The Tiger Cub den leader shares leadership with a Tiger Cub adult partner. This team should review plans before each meeting and check equipment needed.</p>				
BEFORE THE MEETING STARTS	Have U.S. flag; bring materials for Indian Skills Relay and Homemade Clay (both 6 NOV).	Have U.S. flag; materials for Buffalo Robes and Talking Sticks (both 6 NOV); and the dried beads from last week. Bring directions for next week's Go See It.	Call the Go See It destination to confirm arrangements, times, fees, etc.	Host team writes a thank-you note to the destination of last week's Go See It.
<p>Den leader may collect dues. Den leader checks boys' books for completed advancement requirements and records them on Den Advancement Chart. Boys record own advancement on den doodle, if den has one.</p>				
GATHERING	Make beads out of Homemade Clay.	Make Bead Necklaces (6 NOV) from beads made last week.		
OPENING	Gather around the flag and recite the Pledge of Allegiance. Say the Cub Scout motto.	Recite the Law of the Pack.		
SHARE	Talk about how American Indians were respectful of the land they lived on. Relate this to the idea of respecting the environment. Talk about ways to recycle (<i>Elective 47</i>). Have a book about Indians to read together as a group (<i>Elective 14</i>).	Talk about how American Indians helped the Pilgrims when they first arrived. Relate to the line in the Cub Scout Promise about "helping other people." Ask boys how they have helped other people (<i>Elective 10</i>).	GO SEE IT: Visit a tribal reservation in your area OR a museum that has American Indian artifacts and culture exhibits (<i>Achievement 1G</i>). At the end of the trip, lead a reflecting discussion with boys and adult partners about their outing.	Participate in the monthly pack meeting by singing Good Night Cub Scouts and wearing the Buffalo Robes and Bead Necklaces. Share information about the den's Go See It.
DISCOVER	Play the Indian Skills Relay (06 NOV).	Make Buffalo Robes.	At the end of the trip, lead a reflecting discussion with boys and adult partners about their outing.	Tiger Cubs and adult partners sign the thank-you note.
SEARCH	Discuss having a Go See It to an Indian reservation, museum, or historical site.	Make a Talking Stick and do a Character Connection on Respect (6 NOV). Hand out information about next week's Go See It.	A totem bead may be presented for completion of Achievement 1G.	
CLOSING	Form a Living Circle and recite the Cub Scout Promise.	Lead the Tiger Cubs in the motions for Good Night, Cub Scouts (6 NOV).		
<p>This month's shared leadership team reviews the meeting. The den leader should meet briefly with the Tiger Cub and adult partner who will share leadership at the next den meeting.</p>				
AFTER THE MEETING	Den leader files tour permit with local council service center for Go See It.	Talk to Tiger Cub team in charge of the next month. Offer resources or ideas as needed.	Den leader fills out den advancement report for the pack leaders' meeting.	Den leader mails the thank-you note.
<p>CHECK WITH YOUR PACK TRAINER OR CUBMASTER FOR ROUNDTABLE DATES AND OTHER TRAINING OPPORTUNITIES.</p>				

Tiger Cub Den Activities

Advancement possibilities highlighted in this month's meeting plans: Achievement 1G; Electives 10, 14, 47

Tiger Cubs and adult partners learn more about American Indians in their part of the country. Use a map to locate where their settlements were and where you currently live (Achievement 2F). Make a homemade drum (Elective 7) and learn about the ways that Indians use them. Talk about how Native Americans respect the land, and then go out and pick up litter to show how you respect the environment (Elective 33). Learn about the Indians' part in the first Thanksgiving after the Pilgrims arrived.

INDIAN SKILLS RELAY

This is a relay game. Different adult partners are at each stop to help Tiger Cubs. (Assign one relay task to each adult partner to share the preparations.)

Stop 1: Crossing the River. Make 5 to 10 stones out of cardboard. Space these 1 to 2 feet apart. Tiger Cubs must cross over without stepping off or they will need to start over and try again.

Stop 2: Hunting for Dinner. Have target cutouts. Give each Tiger Cub three straws with the wrappers still on them. Have them blow the wrappers at the targets.

Stop 3: Hitching Your Horse. Tie the "horse" to the post with an overhand knot. (Have a stick horse or just the rope close to a horizontal pole.)

Stop 4: Stacking Firewood. Have pieces of wood in a heap. Have boys stack the wood in teepee style. Then knock over to put out the fire.

Stop 5: Making a Bedroll. Tiger Cubs take the time to unroll a sleeping bag, climb inside, get out, and then roll it back up.

BUFFALO ROBE

Materials:

Tempera paint in assorted colors, large sheets of brown Kraft paper or large paper grocery bags (cut down the side and across the bottom to use the large interior area), paintbrushes, newspaper



Cover work area with newspaper. Tear (do not cut) the shape of a buffalo or cow hide from the brown Kraft paper or bag. Crumple paper well with hands. Paint symbols or designs onto the hide using various colors and let dry.

BEAD NECKLACES

Materials: Homemade Clay (see below), drinking straws, leather lacing

Each Tiger Cub makes several beads out of Homemade Clay. Use the drinking straw to make holes for the lacing to go through. After baking the beads according to the recipe, Tiger Cubs string their necklaces.

HOMEMADE CLAY

Materials: 2 C. flour, 1 C. salt, 2 T. vegetable oil, $\frac{3}{4}$ to 1 C. water

Mix together flour and salt. Add the oil and then slowly add the water and stir until you get a nice clay consistency. Once completely mixed, form clay into the desired shapes. Bake in a 250 degree oven for approximately 1 hour. This will vary depending on how big the beads are.

TALKING STICK



Materials: Stick or dowel rod approximately $\frac{1}{2}$ by 24 in., yarn, small scrap of fur or felt, jingle bells, leather or suede cord, pony beads,

feathers, shells, craft glue, scissors

Cut a piece of fur 1 by 2 in. Wrap it around the end of the stick and glue it. Spread a little glue at the end of the dowel or stick near the fur. Wrap yarn tightly around the stick, adding more glue as needed. Cover about 5 in. of the stick, changing the color if desired.

Tie suede lace near the bottom of the yarn wrap. Thread the lace through bells, beads, feathers, or shells—however boys want to decorate it—and knot again.

TALKING STICK LEGEND

DEN LEADER: Whoever holds the talking stick has within his hands the sacred power of words. Only he can speak while he holds the stick; the others must remain silent. Feathers tied to the talking stick give him the courage and wisdom to speak truthfully and wisely. Rabbit fur on the end of the stick reminds him that his words must

come from his heart and that they must be soft and warm. The speaker should not forget that he carries within him a sacred spark of the Great Spirit, and therefore he is also sacred. If he feels he cannot honor the talking stick with his words, he should refrain from speaking so he will not dishonor himself. When he is again in control of his words, the stick will be returned to him.

CHARACTER CONNECTION: RESPECT

We just made a talking stick and learned how it is used.



- What is a word that you might know that means taking turns or allowing someone to have your attention when he or she is talking? Do we all know what *respect* means?
- How does the use of the talking stick show *respect*?
- Can you think of a time you have had *respect* for other Cub Scouts?

Thank you all for your *respect* for each other—it makes this a really great den to be a part of.

CLOSING: GOOD NIGHT, CUB SCOUTS

Akela (*the Cubmaster*) asks all Cub Scouts to stand and repeat after him or her the following prayer with signs:

"May the Great Spirit" (*make Cub Scout sign with fingers and circle them upward as if smoke is drifting to sky*)

"Bring sunshine" (*make sign for the sun—index finger and thumb form circle, hold arm out to right*)

"Into my heart" (*hand over heart*)

"Now" (*put both hands along sides, palms up*)

"And forever more" (*bring hands up from sides, palms up*)

"In great measure" (*bring palms together and then apart as if measuring*).

Indian Nations: Wolf Den Meetings

Dens may meet after school, in the evenings, or on weekends.
Review the theme pages before planning den meetings.

WHEN	FIRST WEEK	SECOND WEEK	THIRD WEEK	FOURTH WEEK
Den leader, den chief, and denner review plans before each meeting and check equipment needed.				
BEFORE THE MEETING STARTS	Check out books at the library about Indian tribes native to your area. Have supplies for Tom-Tom Neckerchief Slides (8 NOV).	Collect items needed for model of traditional Indian house (<i>Elective 10e</i>).	Call the destination of your field trip to confirm arrangements, times, fees, etc.	Denner writes thank-you to last week's destination. Premeasure ingredients for Indian Corn snack (8 NOV). Have cones for Lakota Relay Race (8 NOV).
Den leader collects dues.				
WHILE CUB SCOUTS GATHER	Teach boys some of the American Indian Sign Language. (<i>Elective 1d</i>).	Collect permission slips. Review rules for the Tillicum game (8 NOV).	Collect permission slips.	Boys sign thank-you note. Boys write a short story using the Indian Word pictures.
OPENING	Denner leads boys in the Pledge of Allegiance.	Have the boys form a Living Circle and recite the Cub Scout Promise.		Lead the boys in singing "God Bless America" (<i>Cub Scout Songbook</i>).
Den leader checks boys' books for completed achievements and electives and records them on Den Advancement Charts. Boys record own advancement on den doodle, if den has one.				
BUSINESS ITEMS	Discuss the Indian Nations theme and the tribes from your area. Share a story or information found in one of the library books.	Talk about next week's field trip. Review the sign language learned last week.	Visit a local Native American museum or invite a representative from a local tribe to help the boys learn how Indians show their respect for the earth and how all living things are connected.	Review the plans for the pack meeting and practice the den's participation with the American Indian Sign Language.
ACTIVITY	Review the Indian Word pictures and ask Cub Scouts to practice them during the week (<i>Elective 10f</i>). Make Tom-Tom Neckerchief Slides.	Build a model of a traditional Indian House. Use Indian Word pictures to decorate it. Teach the boys the Hand Wrestling and Leg Wrestling games (8 NOV).		Make Indian Corn. Play Lakota Relay Race outside if weather allows.
CLOSING	Form a brotherhood circle with arms around each other's shoulders. Lead boys in a repeat-after-me benediction: "May the Great Spirit of all Scouts be with us till we meet again." Send home permission slips for field trip during the third week.	Sing "Good Night, Cub Scouts" (<i>Elective 11c</i>).		At the end of the trip, lead a reflecting discussion with boys about their outing.
Denner supervises putting away equipment. Den leader, den chief, and denner review the meeting and check details for the next meeting.				
AFTER THE MEETING	Den leader files local tour permit with council service center for field trip planned for third week.		Den leader fills out den advancement report for the pack leaders' meeting.	Den leader mails thank-you note.
CHECK WITH YOUR PACK TRAINER OR CUBMASTER FOR ROUNDTABLE DATES AND OTHER TRAINING OPPORTUNITIES.				

Wolf Den Activities

Advancement possibilities highlighted in this month's meeting plans: Electives 1d, 10e, 10f

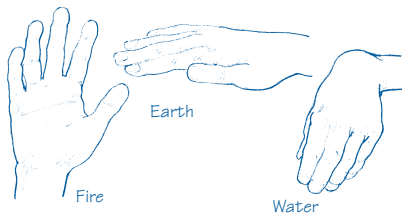
Cub Scouts will learn about word pictures as a form of communication, make a neckerchief slide to carry the theme with them all month, and participate in some Native American games for fun. They will visit a nearby native tribal area and learn about the people who lived in the area before their own ancestors arrived. All this gives Cub Scouts a taste for local history and native culture.

Encourage Cub Scout families to work on additional achievements and electives that support this theme such as:

- *Achievement 11a*, Duty to God: This is a good time to complete the Character Connection for Faith, as the Indian Nations theme encourages Cub Scouts to learn about the many faiths of native peoples.
- *Achievement 11c*, Duty to God: Boys can discover and share ideas about how to practice their faith.
- *Elective 10b*, American Indian Lore: Cub Scouts can make musical instruments American Indians used and bring them to the den and pack meeting to share with everyone.

GAMES

Tillicum



Boys work in teams of two. They clench their right hands in a fist at waist level. On the “go” signal, they slowly raise their fists to shoulder level as they say “til-li.” Then they bring the fist quickly down to waist level again. As the fist reaches waist level, they say “kum” and open their fists to make a hand signal as shown. Wins are as follows:

- Earth drinks the water and wins.
- Water puts out the fire and wins.
- Fire burns the earth and wins.

When both boys make the same signal, it is a tie round. Each win is a point, and five points wins the game.

Hand Wrestling

Each wrestler advances his right foot and places the outside of it against the outside of his opponent's right foot. They straighten arms and grasp hands. At the word “go,” each wrestler tries to knock the other off balance by pulling, pushing, or twisting. The player who first moves either foot or touches the floor with his hand or body loses.

Tips: If a player starts early, intentionally or otherwise, he has a tremendous advantage. To avoid this, use the following commands:

Position: Take your position, clasping hands loosely.

Grip: Grip tightly without bending arms.
Pull: Start wrestling.

Your den chief will be a great asset as he demonstrates and supervises activities with the safety of boys always in mind.

LEG WRESTLING

Two boys lie side by side on their



backs with their heads in opposite directions. They hook right elbows. When the leader counts “one,” they raise their right legs and touch them together. At count “two,” they do this again. At “three,” they hook their right knees and try to turn each other over.

LAKOTA RELAY RACE

Divide the den into groups. Set cones out in the playing area with a designation that the cone represents trees, river, or mountain. The first boy in each line races past one cone (racing through trees), hops over the second cone (hopping across a river), and runs around the third cone (runs around a mountain). Return the same way and tag the next player in line.

TOM-TOM NECKERCHIEF SLIDE

Materials: Cardboard tube, black felt, lace, heavy thread, 1-in. length of PVC pipe

Cover the top and bottom of a section of cardboard tube with black felt and lace together with heavy thread or string. Decorate with feathers or beads. Glue on a slide ring made from PVC pipe.

INDIAN CORN

Ingredients: 9 C. popped popcorn, 1 C. light corn syrup, ½ C. sugar, 1–3 oz. box of any gelatin product; fruits, nuts, candies, raisins

Bring sugar and corn syrup to boil, then remove from heat. Add gelatin; stir until completely dissolved. Pour over popcorn. Add any fun fruits, nuts, candies, and raisins. When cool enough to handle, give each Cub Scout a portion of the mixture to form into an ear of corn and then wrap in clear plastic wrap. Label with each boy's name. Enjoy as your den snack at the end of the meeting.

GAME: ZUNI STICK KICK

Cut two 12-inch sticks from an old broom handle or dowel rod and paint in colorful patterns. Draw a circle on the ground with about a 30-foot radius and have den members stand outside of circle. On signal, two players begin kicking their sticks around the outside of the circle. If a stick touches the circle line, the player moves out of the circle and another player rotates into the circle in his place. Play continues until all den members have had at least one turn.

Indian Nations: Bear Den Meetings

Dens may meet after school, in the evenings, or on weekends.

Review the theme pages before planning den meetings.

Full or partial credit may be received for the following advancement possibilities highlighted in this month's meeting plans.

WHEN	FIRST WEEK	SECOND WEEK	THIRD WEEK	FOURTH WEEK
Den leader, den chief, and denner review plans before each meeting and check equipment needed.				
BEFORE THE MEETING STARTS	Have materials for Stick Dice (10 NOV) and Pokean or Motowu (<i>Elective 24b</i>); U.S. flag.	Have materials for Mohawk Dish game and Native American Shelters (both 10 NOV); U.S. flag.	Call the destination of your field trip to confirm arrangements, times, fees, etc.	Denner writes thank-you note to last week's destination. Have ingredients for Navajo Fry Bread (10 NOV).
Den leader collects dues.				
WHILE CUB SCOUTS GATHER	Den chief helps Cub Scouts make and play Stick Dice game.	Collect permission slips. Den chief leads boys to make and play Mohawk Dish.		Boys sign thank-you note. Play with Pokean or Motowu game made three weeks ago.
OPENING	Denner leads Pledge of Allegiance.	Read "The Gift of Trees" (<i>Cub Scout Leader How-To Book</i>). Denner leads boys in Cub Scout Promise.	Collect permission slips.	Den chief performs a uniform inspection.
Den leader checks boys' books for completed achievements and electives and records them on Den Advancement Charts. Boys record own advancement on den doodle, if den has one.				
BUSINESS ITEMS	Discuss Indian Nations theme and plans for the pack meeting. Discuss crafts, customs, shelter, food, and games of American Indians who lived in your area. Ask boys to gather more information online and bring it to the next meeting (<i>Achievement 17d</i>).	Talk about what boys learned online about Indians in the past in your area (<i>Elective 24a</i>). Work on the contribution to the pack meeting.	Visit a museum specializing in the history of Indian tribes in your area, or visit a local tribe and learn about their history (<i>Achievement 3d</i>).	Check den's preparations for the pack meeting. Discuss the part American Indians played in creating the first Thanksgiving in this country.
ACTIVITY	Make and play Pokean or Motowu.	Make a model of American Indian shelters tribes used in your area (<i>Elective 24c</i>).	At the end of the trip, lead a reflecting discussion with boys about their outing.	Make Navajo Fry Bread or other Indian food typical to your area. Play Strongest Warrior (10 NOV).
CLOSING	Use Cub Scout Indian Nations closing (10 NOV). Send home permission slips for field trip during the third week.	Do the den yell.		Conduct the Chief Seattle Closing (10 NOV).
Denner supervises putting away equipment. Den leader, den chief, and denner review the meeting and check details for the next meeting.				
AFTER THE MEETING	Den leader files local tour permit with council service center for field trip planned for third week.		Den leader fills out den advancement report for the pack leaders' meeting.	Den leader mails thank-you note.
CHECK WITH YOUR PACK TRAINER OR CUBMASTER FOR ROUNDTABLE DATES AND OTHER TRAINING OPPORTUNITIES.				

Bear Den Activities

Advancement possibilities highlighted in this month's meeting plans: Achievement 16b, Elective 24

The past is exciting and important. Cub Scouts will discover a new side of the past of their area when they learn about the native tribes that lived there before Europeans came. Learning about the games, customs, houses, and food traditions of American Indians will broaden their knowledge of this country.

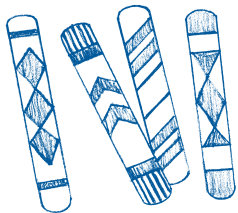
Encourage Cub Scout families to work on additional achievements and electives that support this theme such as:

- *Achievement 15c, Games, Games, Games!*: All boys will benefit when a Cub Scout brings an American Indian game to share with the den.
- *Achievement 17d, Information, Please*: Boys can research different Indian tribes and customs to share with the den.
- *Elective 9b, Art*: With their family, Cub Scouts can visit an art museum that features native artwork from your area.

GAMES

Stick Dice

Materials: Three craft sticks per boy, red and black markers



Some American Indians used Stick Dice, which are two-sided pieces of decorated wood, bone, or horn. Decorate

yours with the markers, using all black on one side, and all red on the other.

Play the game. Two players take turns throwing the dice. The first player tosses the dice on the floor. The score depends on how the dice fall. Players continue taking turns until one has 20 points.

Sample Scoring

Three black sides up = 3 points

Three red sides up = 2 points

Two black and one red = 1 point

Two red and one black = 0 points

Mohawk Dish

Materials: Plum or peach pits, markers, wicker basket or plastic bowl. Mark one side of each pit with a stripe.

Many tribes had versions of this game. Divide the den into two teams. The first player puts all the pits in the bowl, tosses them into the air, and catches them in the bowl. Score 1 point for each pit that lands with the striped side showing. Each team takes turns. After each player has had three turns, add up the scores.

Little Sticks

Materials: Pile of thin sticks (or use wooden skewers)

This game is similar to jack straw or pick-up-sticks and can be played outside. Take a bundle of the sticks or

skewers in your hand. Drop them to the floor or ground. Two players at a time take turns removing sticks from the pile. The object is to remove sticks without moving any of the remaining sticks.

Strongest Warrior (Achievement 16b)

Young American Indian boys played in two-person competitions to prepare them to become good hunters, fast runners, and strong men. Achievement 16 offers a number of two-person contests for boys to participate in. Take this activity outside and let the competition begin!

CLOSING: CUB SCOUT INDIAN NATIONS

Tune: My Bonnie Lies Over the Ocean
The eagle gives thanks for the mountains (*move arms like wings, then hold up for mountain peak*),

The fish give their thanks for the sea (*move hands together like swimming fish, the wave motion for sea*),

We give our thanks for our blessings

(*arms rise in front like receiving something being passed from above*),

Our world and our den and family (*arms out in front in circle, hands crossed to chest, then outspread to others*).

NATIVE AMERICAN SHELTER



(*Elective 24c*)

Using natural materials available in your area, build a model of an American Indian shelter used in your area before Europeans arrived. For example,

in the western and southwestern part of the United States, Indians built *wickiups*. Find some supple twigs and bend them crisscross fashion in a semicircle over a bowl set on a flat piece of clay. (It helps to soak the twigs to make them more supple.) Sticking the twigs in the clay will help them make the wickiup shape. When the clay has hardened, carefully remove the bowl. Place leather or fabric over the top, leaving room for an entrance.

NAVAJO FRY BREAD

Ingredients: 3 C. sifted flour, 3 t. baking powder, 1 t. salt, 1 heaping t. sugar, 1 C. lukewarm water, vegetable oil

Add baking powder, salt, and sugar to sifted flour. Mix well, adding water to form dough. Roll out ½ in. thick. Cut into squares and cut slits in each square. Fry in hot oil until golden. Remove, let cool; serves 10.

CLOSING: CHIEF SEATTLE

Chief Seattle, a leader of the Suquamish tribe in what is now the state of Washington, gave a speech in 1854. What he said was not recorded, but today we attribute these words to him:

If all the beasts were gone,
Man would die from loneliness of spirit,
For whatever happens to the beast,
Happens to man.

All things are connected.
Whatever befalls the earth,
Befalls the sons of the earth.

UNIFORM INSPECTION

The den chief can perform a uniform inspection, encouraging Cub Scouts to be proud of their uniforms and to wear them properly. Sample inspection sheets are found in the *Cub Scout Leader Book* and can be shared with boys ahead of time.